



M UNIVERSITY OF MICHIGAN

OLLI at UM presents

Humor, Comedy, and Laughter

In Everyday Life and Beyond

February 14 - March 28, 2019



The Fourth 2018-2019 Thursday Morning Lecture Series

www.lli-umich.org ■ 734-998-9351

A Community Program of the Geriatrics Center

Humor, Comedy, and Laughter In Everyday Life and Beyond

Humor is an important part of everyday life. From interpersonal relationships, to crafted presentations by comedians, to its use in movies, live theater, television, and in print, humor is relaxing, enlightening, and entertaining. Humor often causes laughter, or at least a smirk, grin, or smile. It has even been known to lead to tears of joy! A wide variety of types of comedy have been present from the ancient worlds of Greece and Rome to the latest episode of Seinfeld or skit at Second City. Humor and laughter have recently been studied for their positive impacts on physical and mental health. The lectures in this series will explore a variety of aspects of humor as part of the human condition.

Humor, Comedy, and Laughter In Everyday Life and Beyond

February 14 - March 28, 2019 (no lecture on March 7)

Time: 10:00 – 11:30 a.m.

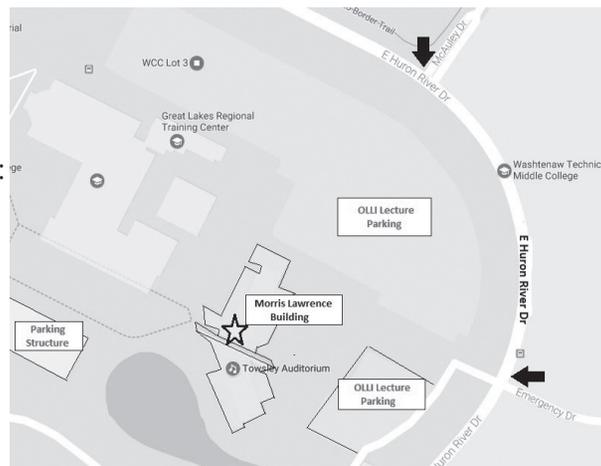
Location: Washtenaw Community College, Towsley Auditorium
Morris Lawrence Building
4800 E. Huron River Drive
Ann Arbor, MI 48105

Look for yellow signs: **OLLI Event Here**

Fee(s): \$30 for the 6-lecture series or \$10 per lecture
\$20 for the Annual Membership Fee (effective from
September 1, 2018 - August 31, 2019)

On-line registration is available or send registration form and payment to:
OLLI at U of M, 2401 Plymouth Rd., Suite C, Ann Arbor, MI 48105

If you have questions:
734-998-9351, www.lli-umich.org, lli.info@umich.edu



In this economic climate, many older adults have limited financial resources. **Scholarships** are available to OLLI members who need assistance paying for membership and all OLLI programs. Please contact the OLLI office (734) 998-9351 if you are interested in learning more.

This lecture series was planned by Jerry Gardner, Charles Garvin, Carol Maccini, Frances Schultz, Steven Ward, and Craig Ramsay (chair).

- OLLI at UM reserves the right to substitute speakers. The views expressed are those of the speaker and do not necessarily reflect those of the University of Michigan.
- Capacity is limited to the first 500 registrants.
- Lectures are cancelled whenever Ann Arbor Public Schools close due to severe weather. Call (734) 998-9351 or visit www.lli-umich.org to confirm cancellation of the day's scheduled lecture.

REGISTRATION FORM: Humor, Comedy, and Laughter In Everyday Life and Beyond

NAME(S): _____

STREET ADDRESS: _____

CITY/STATE/ZIP: _____

EMAIL ADDRESS: _____ PHONE #: _____

2018-2019 Annual Membership Fee (effective from Sept. 1 - Aug. 31)

\$20/person

Thursday Morning Lecture Series #4 (6-lecture series)

\$30/person

\$10/daypass

\$10 per lunch

Lunch on February 14

Circle your wrap selection: Turkey & swiss, Chicken salad, or Hummus & veggies

On-line registration is available or send registration form and payment to:
(can also pay in-person)

OLLI at U of M (made payable to)
2401 Plymouth Rd., Suite C,
Ann Arbor, MI 48105

Questions? Phone: 734-998-9351

Website: www.lli-umich.org

Email: lli.info@umich.edu

February 14

IMPROV AND HUMOR: A PERSONAL AND PROFESSIONAL STORY

David Fessell, M.D.

David Fessell, M.D., Professor of Radiology at the University of Michigan, is a certified executive coach, and a Faculty Associate at the Ross School of Business, Center for Positive Organizations. He lectures nationally and internationally on a variety of topics in Radiology, Leadership, and Communications. He has an M.D. degree from the University of Michigan, a B.A. from Harvard University, and is a graduate of the Second City Improv Conservatory. Sharing Improv training with U. of M. medical students, and with others, brings him great joy.

Join us for lunch after the lecture! See the registration box on the previous page for details.

Speaker's Synopsis: What is Improv? How has it influenced our culture? Why do people do it....and come to see it? What is the role of humor and comedy in Improv? These are just a few of the topics we'll explore together. In addition, corporations like Google, medical schools, and individuals are using Improv training to develop key skills, teamwork, and a creative perspective. Come see why, and experience what Improv is all about. Beware: it might just bring a spark to your life!

February 21

LAUGHTER IS GOOD MEDICINE -- MINDFUL LAUGHTER

Terry Clark-Jones MS - Senior Extension Educator

Terry Clark-Jones has been a Senior Extension Educator with Michigan State University Extension for over 35 years. Her areas of specialty are housing, financial management, and social emotional education. Terry received a BS in and a MS from Eastern Michigan University. She is a Certified Family Life Educator and has been a MSHDA and NCHCEC (HUD) Certified Housing Counselor since 2001.

Hanna Hotchkiss BS- Program Instructor

Hanna Hotchkiss has been a Program Instructor with Michigan State University for three years. Her area of expertise is in social emotional health. Hanna received her BS degree from Michigan State University.

Speaker's Synopsis: "Laughter is Good Medicine" is about the importance of humor in a person's life to help maintain good health. As a result of attending this lecture participants will:

- Learn physical, mental and social benefits of laughter
- Experience laughing for the health of it
- Learn ways to include laughter in your life.

This program is part of a series on mindful practices as a way to manage stress in a constructive way.

February 28

POLITICAL CARTOONING IN THE ERA OF TRUMP

Mike Thompson

Mike Thompson has been editorial cartoonist for the Detroit Free Press since 1998. A four-time finalist for the Pulitzer Prize, Thompson is winner of the 2017 Robert F. Kennedy Journalism Award for cartooning. Thompson is a two-time winner of the Society of Professional Journalists' national award for cartooning, the Overseas Press Club Award, the National Press Foundation Award, the National Headliner Award, the Scripps Howard Award, and the national Women in Communications Clarion Award.

Speaker's Synopsis: Political cartoons have been popular for hundreds of years. A blend of caricature and allusion, the political cartoon is a succinct medium to convey a message. What are the elements of a political cartoon? How are they created? What effect has the Trump presidency had on political cartoons? Join political cartoonist Mike Thompson for the answers.

March 14

FROM MAD TO MEMES: THE HISTORY OF HUMOR IN SEQUENTIAL ART

Professor Andre F. Peltier

Professor Andre F. Peltier teaches Writing and Literature at Eastern Michigan University, specializing in African American literature, science fiction, and comic books. Having lived in Washtenaw County for nearly 25 years, Professor Peltier has developed a strong connection to the community. His focus on comic books dates back to childhood, while his scholarly interest in graphic art and humor began as an undergrad.

Speaker's Synopsis: In his presentation, Professor Peltier will discuss the development of humor in comic books and sequential art since the debut of *Mad Magazine* in 1952. While the focus is on the last 65 years, we will also look at earlier works and discuss the influence of political cartoons and social satire that have clearly influenced the more recent works, such as 19th Century campaign comics and the works of Ollie Harrington.



March 21

THE HISTORY OF COMEDY IN FILM

Jon Goldstein - Managing Partner, Highline Investments, LLC

Jon Goldstein, through his business Highline Investments, LLC, owns and operates 15 movie theater properties consisting of 200 screens across several states. Mr. Goldstein has nearly two decades of experience developing and operating profitable entertainment properties, mostly in the theatrical exhibition industry. Mr. Goldstein received a Masters of Business Administration Degree in Finance from the University of Maryland and a Bachelor of Arts Degree in Communications from the University of Michigan. He lives and works in Bloomfield Hills, Michigan.

Speaker's Synopsis: A look back at comedy from the Charlie Chaplin era of the 1930's through popular modern-day titles like *Wedding Crashers* and *The Hangover*. Audiences have gone to the movies to laugh since Thomas Edison first invented the motion picture. What is it about comedy that people want to be together to share the experience? How did comedy evolve from the silent era to "talkies" and what are the challenges facing theatrical comedy for the future?

March 28

SOUNDS FUNNY: HUMOR AND AMERICAN MUSIC

Professor Charles Hiroshi Garrett

*Charles Hiroshi Garrett is Professor of Musicology at the University of Michigan School of Music, Theatre & Dance, where he teaches courses in classical music, jazz, and popular music. His book, *Struggling to Define a Nation: American Music and the Twentieth Century*, received the Irving Lowens Memorial Book Award from the Society for American Music. He also served as editor-in-chief for an award-winning reference work, *The Grove Dictionary of American Music*, second edition.*

Speaker's Synopsis: What is musical humor? How can a sound be funny? What makes the combination of music and humor distinctive and appealing? Drawing on comic examples across the history of American music, this presentation examines the rich relationship between music and humor, first by delving into how composers and musicians produce humor through purely musical means and then by exploring how music generates special comic effects in combination with lyrics, staging, performance, film, and new forms of media.

Meet and socialize with other OLLI members over lunch in the lobby immediately following the February 14 lecture! The cost is \$10. You can register for the lunch online, in-person, or using the registration form on inside page. Please see the registration form for lunch options.



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