OSHER LIFELONG LEARNING INSTITUTE
where learning never retires

WINTER/SPRING 2020 CATALOG

OLLII-UM is a Community Program of the Geriatrics Center
What does WCC offer for me? A lot!

- Creative Writing
- Digital Photography
- DIY Home Repair
- Food, Drink and Cooking
- Foreign Languages
- Gardening
- Handcrafting
- History and Culture
- Music, Dance and Theater
- Personal Finances
- Visual Arts

Make Washtenaw Community College your home for lifelong learning.

Visit wccnet.edu/enrichment-classes.

Washtenaw Community College

FACING THE FUTURE: CHALLENGES OF CLIMATE CHANGE
A FIVE-PART SERIES

Registration will open in mid-December, 2019. Registration required; capacity limited

All lectures take place from 10:00-11:30am at Washtenaw Community College,
Morris Lawrence Building, Towsley Auditorium.

Cost: $35 per series/$10 per day pass

Visit www.oll-umich.org for more information.

This critical program is being planned by:
OLLI’s Special Projects Committee

“UNDERSTAND THE URGENCY”
FROM THE DIRECTOR & LEADERSHIP COUNCIL PRESIDENT

Hello OLLI-UM Friends!

Welcome to our winter/spring/summer catalog! In addition to another outstanding selection of lectures, study groups, out-of-town trips, and evening events, there are several new learning opportunities:

Join authors for three OLLI Reads events, including OLLI-UM’s co-hosting Dr. Robin DiAngelo, author of White Fragility - see pages 22-23. Take on the reigning champs of last year’s spelling bee as we partner with the Children’s Literacy Network. Check out The Buzz on page 25.

We are pleased to offer an extraordinary series on Climate Change this term. This once-a-month series to be held on Fridays will include world-class presenters and culminates with a light lunch and Climate Action Expo following the May program - see pages 18-20.

OLLI U-M is piloting four Shared Interest Groups (SIGs) this term. SIGs bring together individuals who have a common interest that they wish to pursue. The content is designed primarily by the members of the SIG and supported by a designated facilitator. SIGs allow us to pursue interests we are passionate about and are very popular across the country at other OLLIs. Find out more on pages 30-31.

We hope that you will join us at the Winter Open House on January 13th from 10am-12:30pm. Learn more about upcoming offerings, visit with friends, and register before our registration lottery begins on January 14. Bring a friend or two!

OLLI programming is developed by volunteers. We hope that you will consider getting involved in any way... help create a lecture, try out a committee meeting, provide warm greetings to other OLLI members at OLLI events, help in the OLLI office, etc. The possibilities are unlimited.

OLLI is happy to support scholarships for all offerings, supported by the OLLI Development Committee and our generous OLLI member donors.

Lisa Barton, Director
Bill Furtwangler, Leadership Council President

The views expressed in OLLI programs are those of the presenters and do not necessarily reflect those of OLLI-UM or the University of Michigan.

OSHER LIFELONG LEARNING INSTITUTE

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Phone: (734) 998-9351 Hours: 9:00am-5:00pm (Monday through Friday)
Email: olli.info@umich.edu Website: www.olli-umich.org

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### MEET THE STAFF

From left to right: Gayle Jackson, OLLI Community Outreach Coordinator, Julie Haines, OLLI Administrative Assistant, and Ben Richards, OLLI Assistant Director (Lisa Barton, OLLI Director is pictured on page 1)
OLLI members will soon be able to view OLLI lectures online! See below for more information.

ONLINE ACCESS TO OLLI LECTURES IS COMING SOON!

The OLLI IT Committee and OLLI Remote Access Team are working hard to launch a video catalog to view OLLI lectures online.

Will online access occur on a “real time” basis?
No. Due to the time required to edit the lecture videos, the addition of closed captions and the inclusion of presentation slides, etc., online access is expected to be available about 7 day after the lectures occur.

Will there be help available to assist in logging in?
Yes. Tutorial sessions will be presented at OLLI lectures in January; a FAQ page will also be put on the OLLI website.

How will I access these lectures?
Your OLLI username and password will be used for access to the video catalog via the OLLI website.

What is the expected timing for the availability of online access?
We anticipate the phase-in of online access to begin in early 2020.

What OLLI events will be available to watch online?
Most Distinguished Lecture Series (DLS, held on Tuesdays), Thursday Morning Lecture Series (TLS), and Summer Lecture Series (SLS) which have occurred since OLLI moved to WCC (Fall, 2017) will be available. Special lectures, e.g. the Fall Kickoff lectures will also be available. The primary exceptions are those lectures for which the lecturers did not provide recording authorization.

What is the fee structure for online access?
For those members who are registered to attend the lecture in-person, there will be no fee to view online.
For all others, the following fee structure will apply for the then current academic year:

- OLLI Membership (required) $25
- “All Lecture Series Package” $170
- One TLS Series $30
- DLS Lectures (10) $50
- DLS Lectures (5) $25
- Day pass/one lecture $10
- Lectures from prior academic year $3*
- Special Lectures (e.g. Fall Kickoff) No Fee

*No charge if you purchased access to the requested lecture at its “live” presentation; otherwise $3 per lecture. Current OLLI membership is required to view past years’ lectures.
YOUR GUIDE TO OLLI-UM
Where Learning Never Retires!

We invite you to become part of the OLLI-UM community of lifelong learners! This catalog describes the many programs we offer: lectures, study groups, out of town trips, evening programs, special events, social gatherings, and volunteer opportunities. Below is a brief description of each of those areas and the pages that follow provide all the details.

ENJOY…And Discover For Yourself How Learning Never Retires At OLLI.

**Lectures**  Enjoy lectures almost every week, year-round, from academic and professional experts on a wide range of cutting-edge social and political issues, science and technology, music, and the arts. Our large-venue lectures include weekly Thursday Lecture Series (six themes throughout the year!) and monthly Distinguished Lecture Series.

**Study Groups**  Take part in more than 160 small classes taught by local experts and moderators, many of them OLLI-UM members, at locations throughout the Ann Arbor area. Learn a new language or game, probe national issues, delve into literature and history, analyze your dreams, explore science discoveries, and much more.

**Out of Town Trips**  Spend an educational and stimulating day with OLLI-UM friends at noted sites around southeast Michigan during one of 6-8 OLLI day trips each year.

**Evenings with OLLI (formerly After 5)**  Enjoy the lighter side of Ann Arbor, southeast Michigan and beyond at our evening programs, which feature local personalities, compelling stories about our community, and current issues. These monthly programs may be a lecture format or a visit around town to iconic places in Ann Arbor and Ypsilanti.

**Special Events**  Try one of OLLI’s special programs that encourage cutting-edge learning and spending time with other OLLI members. OLLI Reads features a “community read” for OLLI members, culminating in a book discussion (often with the author!) and lunch. Our special panel discussions, symposia, and pop-up lectures examine the most pressing issues of our day.

**Social Interaction**  Meet new friends! Through the increasingly rich variety of activities offered, OLLI-UM members are spending more time together than ever before. Consider OLLI your invitation to connect with other lifelong learners—an embedded benefit of membership!

**Volunteer at OLLI!**  We need you! Please join our cadre of more than 200 active volunteers who impact every part of our program. Serve on a committee, plan a lecture or special event, help in the OLLI office…whatever your interest, OLLI-UM has meaningful opportunities for service and engagement.

**SIGs**  OLLI is pleased to announce the Shared Interest Group (SIG) as a new program option. SIGs will bring together people with a common interest for monthly meetings or activities designed by group members. There will be emphasis on community and friendship as well as enhancing skills, education or experiences.

Want to learn more?
(734) 998-9351 | www.olliumich.org
or check us out on Facebook
OsherLifelongLearningInstituteAtUMich
Event Request/Registration Procedure
for Study Groups, Special Events, and
OLLI Out of Town Events Only

OLLI has created a more equitable registration process that also addresses operational problems on the first day of registration. The new process applies only to Study Groups, Special Events, Shared Interested Groups (SIGs) and OLLI Out of Town programs. Registration for lectures and Evenings with OLLI has not changed.

Here is what you need to know for Study Groups, Special Events, and OLLI Out of Town registration:

>>> The initial registration period will run from 9:00am Friday, December 13 to 4:00pm Tuesday, January 14. You can register at any time during this period and receive equal consideration for classes that become oversubscribed.

>>> All oversubscribed programs will be subject to a lottery to give everyone an equal chance to get in. Early registration does not increase your chances.

>>> Everyone who applies for programs that become subject to the lottery will be notified of the outcome by Thursday, January 16.

>>> Members who are not selected will be given refunds, placed on a wait list and invited to join if space becomes available. Our goal is to issue the refunds during the week after the lottery.

>>> Registration for classes that are not full will still be possible after January 14.

>>> As before, you can register on-line, by mail, or in-person at the OLLI office. You can also register at the Winter Open House held at Washtenaw Community College on Monday, January 13th. OLLI office only accepts cash and check for in-person registration.

>>> All payments must be made at the time of registration.

 scholarships are available for membership and all programs, including OLLI Out of Town, which have been recently added. To request a scholarship, please contact the OLLI office via e-mail at olli.info@umich.edu or by phone at (734) 998-9351.
SCHOLARSHIPS

In this economic climate, many older adults have limited financial resources. Scholarships are available to offset or eliminate cost of OLLI membership and/or programming including study groups, lectures, and trips*. For more information or to request scholarship assistance, please contact us by email or phone, olli.info@umich.edu or (734) 998-9351.

*no income verification required

CLASS CANCELLATION POLICY

OLLI study groups and lectures are automatically cancelled whenever Ann Arbor Public Schools cancels school due to severe weather. Check your local television or radio station for information.

THANK YOU

We appreciate the following people’s assistance in producing this catalog: Laurie Barnett, Emily Eisbruch, Judith Floyd, Gerry Lapidus, Ruth Primas, Marilyn Scott, Stu Simon, and Sandy Smith. Thank you to the volunteers of the Study Group Committee who recruit and develop study groups.

REMINDERS

Because some people have sensitivity to fragrance, we request that fragrances of any kind not be worn to OLLI programs.

HOW TO SIGN UP FOR WINTER/Spring 2020

online at www.olli-umich.org, in-person or by mailing in your event request form.

There is an annual fee of $25 to be a member of OLLI. The annual membership year is September 1 through August 31.

Like us on Facebook
https://www.facebook.com/OsherLifelongLearningInstituteAtUMich
Celebrate OLLI in 2020
WHAT WE DO FLOWS FROM WHO WE ARE

Monday, January 13, 10:00am-12:30pm, WCC, Morris Lawrence Building
4800 E. Huron River Dr., Ann Arbor
Free and open to the public (no registration necessary)

The Winter Open House welcomes you at 10:00am!
• Meet with friends
• Explore new program options
• Exchange books
• Become a member
• Ask questions about OLLI
• Register for OLLI programs
• Volunteer for an OLLI committee
• Participate in OLLI Get to Know You activities

The Program begins at 10:45am
Lisa Barton, OLLI-UM Director
Dr. Rose Bellanca, President, Washtenaw Community College
Breeda Miller - Presenter and Storyteller
“Who are We and Why does it Matter?!”

Light Lunch at 11:30am

OLLI represents the diversity of 1700+ lives. Who are we? What do we bring to our OLLI experiences? What brings us together?

We are our birthplaces, our interests, our families, our lifelong passions, our accomplishments, our joys, our intentions.

The Winter Open House will let us share who we are through participation activities, celebration of satisfactions experienced, exchange of books we love, our unique individual characteristics.

Breeda Miller works with organizations to support professional and family caregivers. Her self-care strategies help caregivers care better for others, reduce stress, and burnout. A professional speaker, award winning author and family caregiver, Breeda cared for her own mother for 8 years including hospice care. Connect via email: Breeda@Breedamiller.com or Breedamiller.com

Thank you to Barb Anderson's Monday Artists for another year of wonderful art!
- On May 7, 2020, Big Hearts for Seniors (BHS) is presenting its fundraiser *Big Hearted Stories* at the Michigan Theater.
- Storytellers are being sought to share their stories on aging.
- Applications will be accepted from now through January 22, 2020.
- Five storytellers will be selected to tell their stories at the event.
- For more information and to apply, visit the BHS website at medicine.umich.edu/dept/geriatrics-center/big-hearted-stories or call (734) 998-9350.

**NEW! Online Video Catalog** | OLLI members will soon be able to view lectures online via the video catalog.

**Climate Change Symposium** | Presented by *OLLI’s Special Projects Committee*.

**OLLI Reads - White Fragility** | Author Robin DiAngelo talks about her thought-provoking book in March 2020.

**The 2020 Buzz at OLLI** | An Adult Spelling Bee returns. Watch for it in April.

**OLLI Out of Town** | Take a trip to Detroit to see the DIA and the College of Creative Studies.

**NEW! Shared Interest Groups (SIGs)** | Learn about a new type of OLLI programming that builds both community and skills.

**Distinguished Lecture Series - Barbara McQuade** | Attend a lecture with Barbara McQuade as she discusses Impeachment in the U.S.

**The Power of Art** | Thursday Morning Lecture Series beginning in the third week in February.
OLLI-UM Volunteer Connections

OLLI-UM’s vibrant volunteer culture springs from a sense of belonging and shared commitment expressed in members’ involvement in every aspect of OLLI operations and programming.

Whether it’s telling your friends about OLLI, teaching a class, coordinating an event, working in the office, or serving on the Leadership Council, you will find activities suitable for your interest, ability, and availability. Our volunteers help make OLLI-UM outstanding!

WHY VOLUNTEER AT OLLI-UM?
For the connections: Volunteering at OLLI links you to people who share your interests, goals, and passions. Try something new and see where it leads you.

For the fun: OLLI takes a “people first” approach to connecting volunteers to opportunities. Do what you love; love what you do.

For the satisfaction: OLLI depends on the lifetime skills of our volunteers -- and thrives when everyone gets involved. When you pitch in, you get more than you give.

WHAT DO VOLUNTEERS DO AT OLLI-UM?
Everything!
Hundreds of volunteers work with OLLI’s staff members to keep OLLI robust and up-to-date. Want to help out every once in a while, when you have an hour or two available? Become an event volunteer. Passionate about a topic or hobby? Share your knowledge and experience with other OLLI members by teaching a study group! Looking for a way to connect with members on an ongoing basis, using your talent and expertise on anything from OLLI finances to lectures to social interaction? OLLI has committees and activities that match any area of interest.

How can I get connected at OLLI-UM?
Learning more about you—your skills and interests—will help us connect you with activities and members who share your interests. Connect with OLLI-UM by contacting Lisa Barton, OLLI-UM Director, at libarton@med.umich.edu or (734) 998-9356.
ENGAGING MEMBERS
is the Focus of OLLI-UM’s Leadership Council

OLLI-UM is a community program of Michigan Medicine’s Geriatrics Center. Our volunteer leaders work closely with OLLI staff members: Director Lisa Barton, Assistant Director Ben Richards, and Administrative Assistant Julie Haines.

OLLI-UM members elect an 18-member Leadership Council which sets priorities and policies on behalf of OLLI’s more than 1,700 members. Volunteers who serve in a leadership role or as a committee chair enjoy a rich experience. This deep member participation provides opportunities to use expertise developed over a lifetime, apply it in new ways, and form close connections with fellow OLLI members.

→ Join a Committee! ←

The OLLI-UM Leadership Council has 16 standing committees and several ad hoc committees that perform a variety of critical functions. Please contact the chair to become a member of the committees that appeal to you:

**Development/Fundraising**
Susan Fisher, srfisher@umich.edu

**Distinguished Lecture Series**
Al Gourdji, gourdji@comcast.net

**New! Diversity, Equity and Inclusion (DEI) Committee**
Craig Ramsay, craigie777@aol.com

**Evenings with OLLI**
Helaine Reid, hmr1335@comcast.net

**Finance**
Bill Furtwangler, willfurt2@gmail.com

**IT**
Bill Hoge, Vollibill@protonmail.com

**Kickoff**
Kathleen Singer, goatie@umich.edu

**Lectures**
Frances Schultz, A2Fran@SBCglobal.net

**OLLI Out of Town**
Ruth Primas, ruthp@umich.edu

**Social Interaction**
Lynn Boyer, lynnboyer10@gmail.com

**Special Projects**
Laurie Barnett, lcbarn@comcast.net

**NEW! Strategic Communications**
Chair needed! Interested? Please contact Bill Furtwangler, willfurt2@gmail.com

**Study Groups**
Stu Simon, stuart341@gmail.com

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**Other OLLI Volunteer Opportunities**

• Big Hearts for Seniors committee member
• Greeters at lectures
• Office help
• Plan an event
• Study Group instructor

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The 2020 Democratic Nomination: Who Gets to Choose, the Parties or the Voters?

Wednesday, January 29
6:00-7:30pm, $5

The Democrats have begun winnowing their original field of 20+ candidates down to the one who will eventually be their nominee for the 2020 presidential election. Jeffrey Bernstein will evaluate the candidates and assess their standings as we enter the 2020 election cycle. He’ll review the evolution of the nomination process and examine the transfer of power from the parties to the voters over the last half century. As he discusses our evolving system, he’ll focus on one big question: has the shift to a voter-centric process been a good thing for American politics? This lecture will coincide with the general time-frame of the New Hampshire primary and Iowa caucuses.

Jeffrey Bernstein is an award-winning Professor of Political Science at Eastern Michigan University. His areas of interest are U.S. political parties, campaigns, and elections, voting behavior and public opinion, as well as the scholarship of teaching and learning.

U.S. 2020 Census: Count Every Person. Once. In the Right Place

Wednesday February 19
6:00-7:30pm, $5

The 2020 Census is closer than you think. The U.S. population census is one of the most significant processes sustaining our American democracy. Learn what it is all about, find out about the history of the census, how it’s run, the many important ways census data is used in Michigan, and the rigorous process to protect the privacy of your information.

Margaret Leary, from the League of Women Voters, will unfold the Census and explain why it’s essential that everyone is counted. There will be pertinent handouts and perhaps some interesting stories about attempts to influence some prior census results.
Ken Fischer, Reflections on a Remarkable Career and Visionary Leadership, A Conversation with Beverly Geltner, former UMS Board Chair

Wednesday, March 11
6:00-7:30pm, $5

Known in every corner of Ann Arbor for bringing arts into the community, Ken Fischer has made an indelible impact in his 30 years as President of University Musical Society from 1987-2017.

In addition to numerous professional highlights, partnerships, and awards, Ken Fischer has also served the community outside UMS. He has served on many boards of directors, locally, nationally, and internationally. He has won numerous awards for his contributions to improving the quality of life in our city and region. In 2014 Fischer and UMS were presented the National Medal of Arts, the highest award given to artists and arts patrons by the U.S. government. It was presented at a ceremony at the White House by President Barack Obama.

But this is just the beginning. Please join us for a conversation with Ken Fischer and Bev Geltner, as we explore his nurturing spirit, passion, and connection to the arts and learn more about the remarkable visionary leadership of Ken Fischer.

Local Community Theaters

Wednesday, April 22
6:00-7:30pm, $5

There is a wealth of excellent theatre in and around Ann Arbor, including a world behind the scenes that creates the costumes, sets, and lighting. Three local theatre companies will talk about who they are, the productions they present, and the unique qualities each theatre company has to offer.

The Dio - Dining & Entertainment is Livingston County’s only professional dinner theater, which includes 20 tables, seating 70 guests for each production. Their 7th season will feature three musical productions and two plays. An evening at The Dio includes dinner, dessert, beverages, and a memorable live performance.

Theatre NOVA is a professional theatre in Ann Arbor, producing exclusively new plays in a comfortable, intimate venue in the heart of downtown Ann Arbor. They present seven shows each season, including a holiday musical panto for families. Most of their plays are either world premieres or Michigan premieres.

The Encore Musical Theatre Company is a non-profit musical theatre company in Dexter. Its mission is to create quality original, as well as widely known, theatrical productions with an emphasis on Musical Theatre. They have used a mix of Broadway productions and local talent for twelve seasons.

The Power of Music, A Musical Performance and Conversation, by Harmony Ann Arbor

Wednesday, May 13
6:00-7:30pm, $5

Harmony is a community chorus for singers of all ages, designed to offer concerts for senior living communities, extended healthcare facilities, and hospitals. Conducted by Annie Rose and accompanied by Rosalie Koenig, Harmony’s 70+ members rehearse weekly throughout the academic year and present approximately 15 concerts each year.

In this program of musical performance and conversation, we will focus on the powerful, magical role of music in the senior years. We will draw upon our performance experiences, sharing some of our favorite repertoire and discussing the qualities of the music that most deeply affect members of our audiences.

From the lullabies of infancy through the beloved melodies of adulthood, music created by the human voice has unique properties that touch our souls and delight our hearts, empowering us in ways that few other things can. Please join us for this powerful and enlightening evening.

Bløm Meadworks Tour and Tasting

Wednesday, June 17
6:00-7:30pm, $12
100 South 4th Ave, Suite 110, Ann Arbor

Learn all about mead—what it is and how it is made, tour a taproom and production area, taste the ingredients, and sample three meads and ciders in this tour and tasting at Bløm Meadworks (pronounced “bloom”). Bløm Meadworks makes session meads and ciders. They’re light, dry, carbonated, and remarkably sessionable. For their meads, they start with the same ingredients as a traditional mead—honey, water and yeast, but unlike most meads, theirs are fermented like a dry craft cider, so the result isn’t nearly as thick or sweet as traditional mead. And with simple ingredients, everything in their products is sourced from Michigan.
This five-part series explores how climate change is impacting every corner of our earth, and every aspect of our lives. The monthly lectures feature national experts examining the most up-to-date information about this critical issue. The series will take place once a month from January through May, 2020.

- Select Fridays once a month
- 10:00-11:30am
- $10/day pass
- $35 for series of 5 lectures

Capacity is limited to the first 500 registrants.

Location:
Washtenaw Community College, Towsley Auditorium

Planet in Peril

Friday, January 17
Jonathan T. Overpeck
William B. Stapp Collegiate Professor of Environmental Education and the Samuel A. Graham Dean of the University of Michigan School for Environment and Sustainability

Climate change is becoming THE challenge of the 21st century, and is likely to impact most of the human enterprise, as well as planetary life support systems, in increasingly unprecedented ways. Overpeck will discuss global implications, including the imperative to act quickly on climate change, or risk major Earth system tipping points. He’ll then drill down to the scale of the U.S. and Great Lakes region to provide a more relatable sense of what is at stake.

Professor Overpeck is an interdisciplinary climate scientist and has written over 210 published works on climate and the environmental sciences. He served as a Working Group 1 Coordinating Lead Author for the Nobel Prize winning IPCC 4th Assessment (2007). He is a Fellow of AGU and the American Association for the Advancement of Science, and tweets about climate-related issues @GreatLakesPeck.

This critical program was planned by OLLI’s Special Projects Committee.
The Politics of Carbon

Friday, February 14
Barry Rabe
J. Ira and Nicki Harris Family Professor of Public Policy at the Gerald R. Ford School of Public Policy at the University of Michigan

Carbon pricing in the form of carbon taxes or cap-and-trade has been broadly embraced by economists for decades as the best policy option for mitigating the threat of climate change. But carbon pricing has struggled politically in the United States and abroad. It remains among the least likely climate policies to be adopted and among the most likely to be reversed if approved. The talk will examine political challenges across each stage of the policy life-cycle, considering both the impediments to carbon pricing but also key design elements of the more successful and durable policies to date.

A political scientist trained at the University of Chicago, Professor Rabe is a non-resident senior fellow at the Brookings Institution and an elected fellow of the National Academy of Public Administration. He is the author of five books, including Can We Price Carbon? (MIT Press, 2018) and is the recipient of four research awards from the American Political Science Association.

Climate Law and Policy - From the UN to City Hall

Friday, March 20
Jennifer Haverkamp
Professor from Practice, University of Michigan Law School; Graham Family Director, University of Michigan Graham Sustainability Institute

Drawing upon her decades working in government and NGOs on global and U.S. climate policy, Professor Haverkamp will discuss the state of international climate treaty negotiations and implementation, the effects of U.S. federal regulatory rollbacks and a withdrawal from the Paris Agreement, and how state and local governments are moving forward with their own laws and policies.

Jennifer Haverkamp was the U.S. State Department’s Ambassador and Special Representative for Environment and Water Resources, directed EDF’s International Climate Program, and served as an Assistant U.S. Trade Representative. She earned a JD from Yale Law School, an MA from Oxford University, and a BA from The College of Wooster.

“Human-influenced global climate change is the defining scientific and social problem of our age.”
- University of Michigan President Mark Schlissel
Solutions to the climate change challenge must come from the market (as comprised of corporations, the government, non-governmental organizations, and others), the most powerful institution on earth, and from business, which is the most powerful entity within it. Though government is an important arbiter of the market, it is business that transcends national boundaries, possessing resources that exceed those of many nations. Professor Hoffman will discuss the ways in which climate change is altering and will alter markets, and the kinds of resulting responses from the business sector.

Professor Hoffman’s research uses organizational behavior models and theories to understand the cultural and institutional aspects of environmental issues for organizations. He has published over 100 articles/book chapters, as well as 16 books, which have been translated into six languages.

The two speakers will discuss what local governments and individuals can do to address climate change mitigation and adaptation. Dr. Shriberg will describe what Ann Arbor, Michigan has done and can do, as well as ways that he and others have addressed the issue at the scale of the family and individual. Professor Salim will evaluate the opportunities and obstacles to addressing climate change that the law creates for local governments here and around the world.

Mike Shriberg, Ph.D., has served as Education Director at the University of Michigan’s Graham Sustainability Institute as well as Policy Director at Ecology Center, Director of Environment Michigan and Environmental Studies Director and Assistant Professor at Chatham University. Oday Salim is an attorney at the National Wildlife Federation as well as director of the University of Michigan Law School’s Environmental Law & Sustainability Clinic. Issues on which he has worked include: stormwater management, water quality permitting, water rights, environmental justice, land use and zoning, utility regulation, mineral rights, and renewable energy.

Climate Action Expo

Join us May 8 at 11:30am after the lecture for a light lunch and Climate Action Expo. All are welcome! Talk with representatives from several environmental conservation groups. Gather literature that will move you to get involved in the climate change movement. Bring your questions and get answers.
“Show Your O” Events are activities around town you enjoy with other OLLI members. Explore Ann Arbor with OLLI friends new and old! Show Your O events are formal or informal events, sometimes scheduled on short notice. OLLI membership is not required. Show Your O events are announced via e-mail, on our Facebook page, and in the OLLI online catalog. No R.S.V.P. required. ‘OLLI O’ buttons are available in the OLLI office.

“Show Your O” MLK Event: Engaging in the Political Process
A special program on how older adults can get involved in the political process - including encouraging younger people to get out the vote.

Day/Date: Saturday, January 11, 2020
Time: 1:00-3:30pm
Location: Bethel A.M.E. Church,
900 John A. Woods Drive, Ann Arbor
Cost: Free and open to the public
Community presentations, music, and food.
Hosted by UM Geriatrics Center, Turner African American Services Council and UM Program for Multicultural Health. To register, call (734) 998-9353
Look for “Show Your O” host Lisa Barton at the event: Lisa will be wearing a blue floral scarf.

“Show Your O” Ford School Presents Karen Sherman on Brick by Brick: Building Hope and Opportunity for Women Survivors Everywhere

Day/Date: Wednesday, March 18
Time: 4:00-5:20pm, with reception to follow
Location: Weill Hall, 735 S. State St., Gerald R. Ford School of Public Policy
Cost: Free and open to public
Cosponsored by the Gerald R. Ford School of Public Policy and the International Policy Center

Join us for a moderated conversation with Karen Sherman, to discuss her book, Brick by Brick: Building Hope and Opportunity for Women Survivors Everywhere. This powerful memoir weaves the stories of valiant women who survived the Rwandan genocide with Sherman’s own struggle to recover from her history of abuse. Sherman has spent 30 years in global development advocating for women in war-torn and transitional countries such as Iraq, Afghanistan, Bosnia, Congo, Nigeria, Rwanda, South Sudan, Kosovo, and the former Soviet Union. She began writing Brick by Brick during the year she spent living in Rwanda with her three sons to oversee the construction of a first-of-its-kind women’s opportunity center. The strength of these women helped Karen find her own way--through conflict zones and confrontations with corrupt officials to a renewed commitment to her family.

Karen Sherman currently serves as President of the Akilah Institute, Rwanda’s only women’s college, leading its strategy, growth, and partnerships. Prior to joining Akilah, Sherman was a senior executive at Women for Women International, an organization that helps women survivors of war to rebuild their lives. Sherman also served as the Executive Vice President at Counterpart International, an international nonprofit development organization that partners with local organizations to build inclusive, sustainable communities in which their people thrive. Sherman is a sought-after speaker on global women’s issues and has been featured on BBC, CNBC Africa, Al Jazeera English, and Voice of America. Please look for OLLI host Lee Pizzimenti wearing a red sweater and flag scarf.
OLLI Reads presents
A Conversation with Robin DiAngelo
Author of White Fragility
Moderated by the UM School of Education and the UM Ford School

Day/Date: Friday, March 13
Time: 3:00-4:30pm; reception to follow
Location: Michigan League Ballroom
911 N University Ave, Ann Arbor, MI 48109
Free and open to the public - no registration required

Robin DiAngelo on White Fragility
White people in the U.S. live in a racially insular social environment. This insulation builds our expectations for racial comfort while at the same time lowering our stamina for enduring racial stress. I term this lack of racial stamina “White Fragility.” White Fragility is a state in which even a minimal challenge to the white position becomes intolerable, triggering a range of defensive moves including: argumentation, invalidation, silence, withdrawal, and claims of being attacked and misunderstood. These moves function to reinstate white racial equilibrium and maintain white control. Those who see themselves as “the choir” can be particularly challenging, for we tend to focus on “evidence of our advancement” rather than reach for humility and continually grapple with how to engage in intentional action. This talk will provide an overview of the socialization that inculcates white fragility and provide the perspectives and skills needed for white people to build their racial stamina and develop more equitable and just racial norms and practices.

Dr. DiAngelo is Affiliate Associate Professor of Education at the University of Washington. In addition, she holds two Honorary Doctorates. She is a two-time winner of the Student’s Choice Award for Educator of the Year at the University of Washington’s School of Social Work. She has numerous publications and books. In 2011 she coined the term “white fragility” in an academic article which has influenced the international dialogue on race. Her book, White Fragility: Why It’s So Hard For White People To Talk About Racism was released in June of 2018 and debuted on the New York Times Bestseller List. In addition to her academic work, Dr. DiAngelo has been a consultant and trainer for over 20 years on issues of racial and social justice.

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Co-hosted by UM School of Education, the Ford School, and OLLI-UM

22 OLLI-UM
This two-session course is designed as an accompaniment to the March 13th campus visit by Robin DiAngelo, author of *White Fragility*. Maren Oberman, who will offer a pre- and post- session course to prepare for and reflect on DiAngelo’s talk, is a clinical assistant professor at the UM School of Education whose work focuses on anti-racist educational leadership and policy. The pre-session will focus primarily on DiAngelo’s conceptualization of racism, with the aim being to reconsider our existing ideas and definitions. The dialogue will draw mainly from chapters 1 and 5 of *White Fragility*. In the post-session, participants will have an opportunity to reflect on DiAngelo’s talk, to pose further questions, and to articulate their own individual commitments to anti-racism. Participants are encouraged to read Peggy McIntosh’s seminal anti-racist article, *White Privilege: Unpacking the Invisible Knapsack* prior to the first session. Both sessions will function as interactive dialogues with opportunities for participants to reflect individually, talk in small groups, and engage in large group discussion.

**Maren Oberman** is clinical assistant professor at the University of Michigan School of Education. Oberman’s areas of expertise include: anti-oppressive pedagogy; anti-racism in education; cross-racial communication; understanding identity, leadership growth and development, teaching and teacher policy issues; and coaching, mentoring, and instructional leadership. Her goal is to increase the quality and effectiveness of the U.S. K-12 educator force through the development of anti-racist educational practice, self-awareness and reflection, inquiry-based improvement strategies, and strategic collaboration. Maren earned her doctorate in educational leadership (EdLD) at the Harvard Graduate School of Education, including a residency at the central office in the Los Angeles Unified School District. She has served as a K-12 teacher and instructional coach in Connecticut, Massachusetts, and Illinois. Maren holds a BA in African-American Studies from Yale University and a master’s in Library Science from Simmons College.

This offering is designed as a complement to author Robin DiAngelo’s presentation on *White Fragility*. (see pg. 22)
OLLI READS presents *Downstream from Here*  
by Charles Eisendrath

**Day/Date:** Friday, February 21  
**Time:** 10:00-11:30am, followed by a light lunch and book signing  
**Location:** WCC, Morris Lawrence Building  
**Cost:** $20

Tom Brokaw calls Eisendrath “a reporter’s reporter” and the book, “lyrical.” Jeff Daniels adds “prepare to be inspired.” Ellen Goodman says, “Too often we are told we have to choose between living wide or living deep, between traveling across the surface of the earth, or coming to truly know and love one place. But Charles Eisendrath has done both in his rich life. This is the memoir of a foreign correspondent and journalism mentor and yet a man who is spiritually rooted at his beloved Overlook Farm. The essays he has written about this life are a joy!”

**Charles R. Eisendrath** grew up in St. Louis, Missouri, in a family that had vacationed in Charlevoix County since the 1890’s. One of the loves of his life is Overlook Farm near East Jordan, Michigan, which produces timber, maple syrup, and tart cherries. He is a passionate sportsman and canoeist. Many of those subjects are the focus of *Downstream from Here: A Big Life in a Small Place*. It is a collection of essays originally intended as a personal history to be shared with friends and family. It is a meditation on a life well lived, a deep love of family, and the love of a very specific place in the world.

Eisendrath was the first Director of the Knight-Wallace Journalism Fellowships at the University of Michigan. He is a Yale graduate, a former *Time* magazine correspondent, and founder of the Livingston Awards, known as the Pulitzer Prize for journalists under 35 and known for providing early recognition for major talents.

OLLI READS presents *Greek to Me: Adventures of the Comma Queen*  
by Mary Norris  
in Conversation with Marilyn Scott, OLLI’s own Punctuation Princess

**Day/Date:** Tuesday, May 19  
**Time:** 10:00-11:30am, followed by a light lunch and book signing  
**Location:** WCC, Morris Lawrence Building  
**Cost:** $20

Best-selling *New York Times* author and renowned *New Yorker* copy editor—the Comma Queen herself—Mary Norris is again delighting readers with her wit, knowledge, and exploration of language in *Greek to Me: Adventures of the Comma Queen* (W.W. Norton; April 2, 2019, hardcover). In this new memoir, Norris relates her life-long love of Greece, her quest to learn the language and master the mythology, and her travels through the Greek Isles in search of herself. *Greek to Me* is a brilliant, witty, and moving memoir. Norris’s love of words inspires her treks through Greece—both the language and the country. Join her on her journey in *Greek to Me* as she navigates from Alpha to Omega.

**Mary Norris** worked for the *New Yorker* as a copy editor and query proofreader for more than thirty years. Her first book, *Between You & Me: Confessions of a Comma Queen,* is a *New York Times* best-selling book about her years at the *New Yorker.* Originally from Cleveland, Ohio, Norris now lives in New York and Rockaway.
The 2020 Buzz at OLLI
Words, Words, and more Words!
A Spelling Bee for Adults

Thursday April 30
6:00 – 8:30pm
Kellogg Eye Center
1000 Wall St., Ann Arbor
Free and accessible parking

2019 Reigning Champion Bartlebees return to defend their win!

Also Returning!
Master of Ceremonies - The Honorable Donald Shelton
Championship Round Pronouncer - Marilyn Scott

- Team or Individual Competition
- Light dinner buffet and desserts throughout the evening
- Prizes

Donate books to local organizations supporting children’s literacy
OLLI Member $15, Non-OLLI Member $20

The BUZZ is proud to partner on this event with
the Children’s Literacy Network

Brought to you by the OLLI Social Interaction Committee

Reigning Champion Bartlebees: Betsy Foss, Amy Higgins, and Anne Heise
Officials: Jack Bernard and Marilyn Scott
Photos by John White
SPECIAL EVENTS

BOOK EXCHANGE AT THE WINTER OPEN HOUSE

This year’s Winter House will include activities that invite us to make new connections with one another. One of the activities is a book exchange. Bring two books to the Open House that show the genre you like, classics that you’ve read more than once, a new book that you just finished, or one you simply love and want to pass on. Look for the book exchange table, contribute your books, browse and talk with others about what is good, and take two home.

OLLI-DIALOG: THE USE OF MEDIEVAL MYTHOLOGY IN CURRENT POLITICAL CULTURE AND PROPAGANDA WITH MARTIN SHICHTMAN

Day/Date: Tuesday, March 31
Time: 10:00am-12:00pm
Location: WCC, Morris Lawrence Building, ML 150
Cost: $10

Professor Shichtman studies the ways by which medieval symbols have been embraced by political movements to represent uncorrupted purity. What’s different about recent evocations of knightly signage is their visibility on the Internet where they have become weaponized to attract members and demean enemies. The goal of the lecture is first to discuss symbols in the medieval period. He will then discuss how such symbols have resurfaced in the Nazi era and in the contemporary environment to serve the political and propaganda goals of various movements.

DR. MARTIN B. SHICHTMAN is Director of the Center for Jewish Studies and Professor of English Language and Literature at Eastern Michigan University. He has been a fellow at the United States Holocaust Memorial Museum and at Brandeis University’s Schusterman Institute for Israel Studies. Dr. Shichtman has co-authored two books, co-edited two collections, and published more than forty scholarly articles. He has presented more than 100 papers at international, national, and regional conferences. He is the recipient of EMU’s Distinguished Faculty Award for Teaching and the Eastern Michigan University Alumni Association Award for Teaching Excellence.

A DIALOG ABOUT THE DEFINITION OF SEX – SHOULD IT INCLUDE SEXUAL ORIENTATION AND GENDER IDENTITY?

Cohosted by the OLLI Diversity, Equity, and Inclusion Committee, the Turner Senior Wellness Program, and SAGE Metro Detroit (Senior Action in a Gay Environment)

Day/Date: Monday, June 22
Time: 10:00am-12:00pm
Location: Turner Senior Resource Center
Cost: Free and open to the public

Currently the Supreme Court is hearing arguments about the meaning of the word “sex” in Title VII of the Civil Rights Act, the primary federal law prohibiting discrimination in employment. The Court has been asked to decide whether the definition of sex in U.S. law includes sexual orientation and gender identity.

Join UM Law Professor Maureen Carroll and Angie Peron, JD, MSW, MA, Executive Director of SAGE Metro Detroit for a panel discussion to learn more about current arguments to the court, and information about a court ruling if a decision is made by June 22.
Spend an educational and stimulating day with OLLI-UM friends at noted sites around southeast Michigan and, sometimes, even farther afield. Trips varies in cost and length of time.

How $$ Makes Detroit Go-Round

Day/Date: Wednesday, May 20
Time: 8:30am-5:30pm
Location: Meet at Meijer, 3825 Carpenter Rd., Ypsilanti
Cost: $120.00 (includes lunch, snacks and tips)

Join OLLI on this day trip which will begin at the Federal Reserve Bank of Chicago’s Detroit Branch. The bank tour will include a discussion of the Federal Reserve System and history, function, and unique aspects of the Detroit Branch. There will be a walking tour at the bank and an opportunity for a direct view into the Cash Department, which disburses currency to area banks. A narrated bus tour of downtown Detroit will follow. The tour will focus on revitalization and explanations about historic tax credits. Lunch will be at the Union Street Station Restaurant on Woodward Avenue in Detroit. Following lunch at the restaurant, there will be a presentation by a representative from Global Detroit, a non-profit corporation that revitalizes Michigan’s economy by pursuing strategies that strengthen Detroit’s connections to the world to make the region more attractive and welcoming to immigrants, internationals, and foreign trade and investment as a means to produce jobs and regional economic growth. The afternoon will wrap up with a bus tour highlighting the Cass Corridor revitalization efforts, with a focus on stadiums, housing, high-end restaurants, and future plans for the formerly blighted areas. Luncheon choices at Union Street Station restaurant will be selected when registering. Boarding will begin at 8:00am to ensure a prompt departure at 8:30am. Please call Lisa Barton (734) 998-9356 with any questions or concerns about participating. No refunds without replacements inside 30 days of trip departure.

Pre-trip Event: Alden B. Dow and Mid-century Modern Architecture in Southeast Michigan

Day/Date: Wednesday, May 6
Time: 7:00-9:00pm
Location: Kellogg Eye Center, 1000 Wall St., Ann Arbor
Cost: $5.00 (This event is free to registrants of the ‘Mid-Century Modern Midland’ on June 26)

This presentation by Craig McDonald, Director of the Alden B. Dow Home and Studio and the Foundation Representative of the Alden and Vada Dow Family Foundations will focus on Dow’s architectural achievements in southeast Michigan, including Ann Arbor. Dow was the architect of Ann Arbor’s City Hall, Downtown Public Library, and the UM Administration Building. The event complements the forthcoming day trip to Midland, MI, on June 26, when we have an opportunity to view, first hand, Dow’s home, studio, gardens, and other architectural accomplishments in Midland.
OLLI OUT OF TOWN

Mid-Century Modern Midland

Day/Date: Friday, June 26
Time: 8:00am-6:30pm
Location: Meet at Meijer, 3825 Carpenter Rd., Ypsilanti
Cost: $121.00 (includes lunch, snacks and tips)

OLLI has planned a day trip to Midland, Michigan, recognized as one of the most architecturally significant communities in the U.S. due to the quality and concentration of over 400 mid-twentieth century modern homes, churches, and commercial, educational and civic structures throughout the city. A guided tour of the personal home and studio of noted architect, Alden B. Dow, son of Dow Chemical’s founder, who introduced modern architecture to Midland, will be our first visit. Following lunch downtown, there will be a drive-by tour of mid-century modern structures. The afternoon will start with a guided visit to the Dow Gardens and then with our guide, we will take the nation’s longest canopy walk, the Whiting Forest Canopy Walk. Both the Dow Gardens and the Canopy Walk will be a little over 1 mile walk. The Canopy Walk is 1,400 feet long and soars up to 40 feet above ground.

Note: There are several level changes at the Alden B. Dow Home and Studio and the Garden and Elevated Forest. Walks can each involve more than one mile of walking. Luncheon choices at Grand Traverse Pie Company will be selected when registering. Boarding will begin at 7:30am to ensure a prompt departure at 8:00am.

Discover Detroit Style at the College for Creative Studies and DIA

Day/Date: Thursday, July 9
Time: 8:00am-5:30pm
Location: Meet at Meijer, 3825 Carpenter Rd., Ypsilanti
Cost: $66.00 if non-DIA member
      $57.00 for DIA members and those living in Wayne, Oakland, and Macomb Counties (includes lunch, snacks and tips)

Discover Detroit’s role in influencing culture and design through America’s love of the automobile on Thursday, July 9, 2020. Explore the College for Creative Studies in the morning and the Detroit Institute of Arts in the afternoon. Lunch will be provided at the iconic Traffic Jam and Snug Restaurant between visits. Tour the DIA’s permanent exhibit plus visit the special exhibit “Detroit Style: Car Design in the Motor City, 1950-2020.” This trip also takes advantage of the Museum’s special activities for seniors on Thursday afternoons.

Boarding will begin at 7:30am to ensure a prompt departure at 8:00am. Please call Lisa Barton (734) 998-9356 with any questions or concerns about participating. No refunds without replacements inside 30 days of trip departure.

Want to join OLLI Out of Town Committee?
Please contact Chair Ruth Primas
at ruthp@umich.edu
Experience the Resurgence of the Detroit Waterfront and Parks

Day/Date: Wednesday, July 22  
Time: 8:00am–5:00pm  
Location: Meet at Meijer, 3825 Carpenter Rd., Ypsilanti  
Cost: $121.00 (includes lunch, snacks and tips)

Ever wonder how raw water becomes drinking water? Let’s find out at the Water Works Park’s water treatment plant. After a video presentation, the factory manager will conduct a walking tour of the facility and explain the process. The trip includes a bus tour of Belle Isle narrated by an expert on the island’s history, landmarks, challenges, and planned updates. We will explore the waterfront with a guided bus tour of the Detroit International Riverwalk, its sites and future plans and get a glimpse of Valade Park, a former buoy storage yard/cement factory creatively repurposed into a park for all ages.

We will visit the Michigan Department of Natural Resources - Outdoor Adventure Center (OAC) where we will enjoy a catered lunch, (selection of sandwiches, salads, desserts) in their air-conditioned building, have an opportunity to check out exhibits, and attend one class, “City Slickers” or “Birding for Beginners.” “City Slickers” focuses on the increasing number of four-legged creatures that call Detroit home, the special adaptations they have made to become urbanites, and predator-prey relationships. The “Birding for Beginners” class teaches the basics of birding with an opportunity to practice bird identification. Both classes will be held inside the OAC, with the possibility of going outdoors for a portion of the birding class. Register early to get your preferred class. OLLI members will be asked to complete adult release and tour attendee forms and submit a copy of their ID a month in advance of the trip for entrance to the Water Works tour. (We hear it’s worth it!) There will be no cell phone usage of any kind permitted during the tour. Boarding will begin at 7:30am to ensure a prompt departure at 8:00am. Please call Lisa Barton (734) 998-9356 with any questions or concerns about participating. No refunds without replacements inside 30 days of trip departure.

COMING ATTRACTIONS FOR FALL 2020

Tour of Cass Community Projects, including Tiny Homes, in Detroit - October 5, 2020
Join OLLI on a tour of several projects of Cass Community Social Services in Detroit, including the Tiny Homes. We will be touring the following: (1) The Freight Farm where herbs and greens/lettuce are grown vertically using hydroponics and solar; (2) Taylor Park which includes passive and active recreational features; (3) Green Industries, an employment program that provides jobs for unemployed adults; and (4) The tiny homes, a homeownership program for individuals who have an income that isn’t enough for them to qualify for a mortgage.

Lunch will be at Cass Community Social Services.

Look for the final itinerary in the 2020 OLLI Fall Catalog.
OLLI has a new program option known as a Shared Interest Group (SIG). A SIG brings people together who have a common interest that they wish to pursue indefinitely within a structure of meetings and activities designed primarily by the members of the group. A SIG will strive to develop a sense of community and friendship among its members even as it endeavors to enhance members’ skills, education, and experiences.

A SIG is different from a traditional Study Group

- A SIG does not have a formal class syllabus.
- Members of a SIG determine the content and discussion of a SIG. A designated facilitator arranges meetings, takes attendance, and initiates the discussion among the SIG members on how the group will operate.
- Persons within a SIG are assured of ongoing membership in it until they decide not to participate.
- A SIG does not have a formal ending date.

Why form a SIG?
A SIG may be formed by OLLI members because of a particular ongoing interest that is not offered in a study group. It may also be formed to socialize and learn together in a group that meets regularly.

Each SIG will establish how often they meet - at many OLLIs SIGs generally meet once a month.
Registration is $45 on an annual basis.  
Process on future SIGs - stay tuned!

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OLLI SHARED INTEREST GROUPS (SIGs)

The Future of Healthcare in the U.S.

Healthcare is undergoing radical changes. Consider robotic surgery, immunotherapy for cancer, the staggering cost of new drugs, whole genome sequencing, detailed imaging of the brain, walk-in clinics in drug stores, and telemedicine. Participants in this SIG will consider one aspect of such changes each month and discuss the consequences for their families and on a national basis. Health practitioners are encouraged to register for the SIG in order to enrich the discussion with their personal expertise and knowledge.

Day/Time: Wednesdays, 1:00-3:00pm
Dates: 1st Wednesday of Every Month, starting in March
Facilitator: Bruce Friedman
Location: Community Health Building, Suite A2, Conference Room 1542
2025 Traverwood Dr., Ann Arbor
Cost: $45

Want to get involved with Special Interest Groups (SIGs)?
Please contact Director Lisa Barton at libarton@med.umich.edu
**Mystery Book Club**

The Mystery Book Club is all about mysteries. Mysteries are the only genre of literature where an author offers readers a chance to figure out the story for themselves. We all love identifying the villain before he or she’s revealed. But some authors do this better than others. Our book club is unique in that we seek out authors who are not really in the public eye and then critique their ability to do just that, i.e. spin a tale that keeps the reader engrossed right up to the last page. We do have a long list of authors that our members have expressed an interest in reading. Each month we pick a different author from that list. Everyone is then free to read any number of this author’s works that they choose and submit their evaluation to the group at our meeting. Opinions given are quite honest, always enlightening, and the resulting discussions are always lively. Each person’s review of the author ends by answering the question: “Would you recommend this author to a friend?”

**Day/Time:** Wednesdays, 1:00-3:00pm  
**Dates:** 2nd Wednesday of Every Month, starting in February  
**Facilitator:** Sydney Kaufman  
**Location:** Community Health Building, Suite A2, Conference Room 1502  
2025 Traverwood Dr., Ann Arbor  
**Cost:** $45

**Needlework Artists**

The group will meet to share time together working on their individual projects, be they knitting, embroidery, lace-making, crochet, needlepoint, or others. Encouraging interest in learning new skills, completing projects already underway, while enjoying each other’s company shall be chief goals of this Interest Group.

**Day/Time:** Thursdays, 1:00-3:00pm  
**Dates:** 1st Thursday of Every Month, starting in February  
**Facilitators:** Marcia Hallstrom & Marge Higley  
**Location:** Balfour Ann Arbor, Gatehouse  
2830 S.Main St., Ann Arbor  
**Cost:** $45

**A Study of Ethics**

Right or wrong? Good or evil? Yes or no? Our own life experiences surely include having to decide between alternative courses of action that may seem equally right. Which one is the best? Is there a moral compass that determines our decisions? Are these decisions more difficult to make in a 21st century world? How might our own values guide us in these decisions? In this new OLLI Shared Interest Group (SIG) offering we will examine fascinating questions, hypothetical or real, drawn from historical examples, contemporary news, and our own experiences. All participants can expect to contribute to our discussions, and might come away with new insights into human behavior. Our Ethical Issues SIG will be guided by Beth Kon and Stu Simon. Beth brings years of successful experience overseeing SIGs in the Chicago area. Stu has led the popular OLLI seminar on Group Facilitation and is the current chair of the OLLI Study Group Committee.

**Day/Time:** Wednesdays, 1:00-3:00pm  
**Dates:** 1st Wednesday of Every Month, starting in May  
**Facilitators:** Stu Simon & Beth Kon  
**Location:** TSRC, Debrodt Room  
**Cost:** $45

**OLLI-UM is grateful to members whose annual contributions support OLLI-UM scholarships in the community, and provide a vital part of our annual operating revenue.**
Examine fascinating topics from engaging “town and gown” speakers in OLLI’s Distinguished Lecture Series, held once per month from September through June. Learn from well-known experts about an array of interesting subjects, with an interactive Q&A period following each lecture.

- 2nd Tuesday of the month
- 10:00-11:30am
- $10/day pass
- $30 for 5 lectures, February-June

Capacity is limited to the first 500 registrants.

Location:
Washtenaw Community College,
Towsley Auditorium
4800 E. Huron River Dr.
Ann Arbor, MI

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The Doctor as a Patient: How it Changed Her Life

Tuesday, 10:00-11:30am
February 11
Rana Awdish, MD
Medical Director, Care Experience, and Pulmonary Hypertension Program, Henry Ford Hospital

Dr. Awdish’s near-death experience revealed a dark hole at the center of what was otherwise highly-proficient, astoundingly skillful care. What she learned was that, though the healing potential of knowledge is magical, it is also a lie: Medicine cannot heal in a vacuum; it requires connection. Her talk will focus on what is needed to heal medicine, and how medical training distances physician from patients. Ultimately, it is only by giving primacy to the patient narrative, building resilience in the physician, and forming a community that we can hope to reunite the pieces into a cohesive whole, with the power to heal us all.

Dr. Rana Awdish is a pulmonary and critical care physician at Henry Ford Hospital in Detroit, Michigan. She serves as Medical Director for both Care Experience and the Pulmonary Hypertension Program. In addition to her critically acclaimed, bestselling memoir, In Shock, she also has written for the Harvard Business Review, Huffington Post, and the New England Journal of Medicine. In 2017, she was named National...

(CONTINUED ON NEXT PAGE)
Compassionate Caregiver of the Year by the Schwartz Foundation, and Physician of the Year by Press Ganey. Her work focuses on improving healthcare for both providers and patients, through compassionate communication, medical humanities, and finding joy in our shared purpose.

What About Weed? The Cannabis Controversy, Past, Present, and Future

Tuesday, 10:00-11:30am
March 10
Dr. Steven Strobbe
Clinical Professor, U of M School of Nursing

Weed, pot, marijuana, cannabis. Whatever you call it, the United States has a long, complicated, and conflicted history with this complicated herb. It is evil, incarnate, or a panacea for all that ails us. Join us for a lively lecture and discussion as we tackle the cannabis controversy, past, present, and future.

Dr. Strobbe is board-certified both in psychiatric and addictions nursing. He was the first Clinical Director for the University of Michigan Addiction Treatment Services (UMATS, 2006-2010). He completed his doctoral studies from the University of Michigan in 2009, with a concentration in bio-behavioral health. Dr. Strobbe has published nearly 40 peer-reviewed articles, position papers, book chapter, and other resources related to substance use and addictions nursing. He is immediate past President (2018-2020) of the International Nurses Society on Addictions. Dr. Strobbe received U of M’s Golden Apple Award in 2015.

A Conversation with Sander Levin

Tuesday, 10:00-11:30am
April 14
Sander Levin
Professor of Practice, Gerald R. Ford School of Public Policy, University of Michigan

An open conversation with the Distinguished Speaker ex-Congressman Sander Levin about the highlights of his career, his accomplishments and perhaps disappointments. Time permitting, he will also state his views on certain legislation that needs to be addressed.

Sander Levin served in the U.S. House of Representatives from 1983 to January 2019. He chaired the House Ways and Means Committee in 2010. He was in office in 2010 when his committee played a key role in the passage of the Affordable Care Act. He later served as the ranking member of the House Ways and Means Committee before he retired. He was born in Detroit. He has a master’s degree in International Relations from Columbia University and a law degree from Harvard University. He also served for two terms in the Michigan State Senate before his election to the U.S. Congress.

The Current Impeachment Cycle in Washington DC

Tuesday, Tuesday, 10:00-11:30am
May 12
Barbara McQuade
Professor from Practice, U of M Law School

Our nation’s capital is in turmoil. The two major political parties are incapable of functioning in a civil or collaborative manner. In the current scenario when this went to press, impeachment of the U.S. President by the House and a trial in the Senate are likely. Professor McQuade will attempt to answer some of the questions swirling about these historical times.

Professor McQuade received her AB and JD from the University of Michigan and its law school. She is former U.S. Attorney for the Eastern District of Michigan under President Barack Obama. Barbara L. McQuade is currently a Professor of Law at the U of M Law School and a legal analyst for NBC News and MSNBC.
Mentorship Today Impacts the Future

Tuesday, 10:00-11:30am
June 9
Timothy Neal
Director, Athletic Training Program, and Assistant Professor, Concordia University, Ann Arbor

Mentorship plays a valuable role in the development of others. The mentor has a unique perspective on individuals who aspire to develop as a professional and person. This presentation will discuss the importance of mentorship, some considerations on effectively mentoring others, and the value mentorship provides society in developing the next level of productive citizens and professionals.

Timothy Neal is a certified athletic trainer and National Athletic Trainers’ Association (NATA) Hall of Fame member. Presently, Mr. Neal is the Director of the Athletic Training Program and Assistant Professor at Concordia University, Ann Arbor. Mr. Neal spent 35 years as a clinical athletic trainer and Adjunct Professor at Syracuse University, from 1979-2014. Mr. Neal has served both the NATA and the NCAA as a policy writer, task force member, and leader. Mr. Neal served as the chair of the NATA Committee on Professional Ethics, and is a member of the NATA ATs Care committee. Mr. Neal has mentored dozens of athletic training professionals, student-athletes, and young coaches who have gone on to successful careers in professional, collegiate, and high school settings, as well as into the military, medicine, and higher education.

RESCHEDULED LECTURES

Tuesday, March 3, 10:00-11:30am
Escape from Nazi Germany and the Holocaust to Shanghai

Berl Falbaum
Former Political Reporter for the Detroit News

Hitler came to power in 1933. At that time there were approximately 500 thousand Jews in Germany and approximately 180 thousand Jews in Austria. They were loyal to their country, were part of the government, and fought for Germany in World War 1. Hitler had a plan to annihilate the world’s Jews. Jews were stripped of their citizenship, their property taken over and their means of a livelihood destroyed. Jews were given a limited amount of time to find a country that would take them, otherwise they would be thrown into concentration camps. Aside from the Dominican Republic, Shanghai was the only place that remained open to these refugees without requiring a visa. Approximately 20 thousand German, Austrian and Polish Jews were able to make the trip.

Tuesday May 5, 10:00-11:30am
Actual Innocence in Michigan: An Update from the Michigan Innocence Clinic

Speaker: Professor David Moran
Professor, Clinical Professor of Law, Michigan Innocence Clinic, University of Michigan

Professor Moran will speak about the problem of wrongful convictions in Michigan and how the Michigan Innocence Clinic investigates and litigates cases where persons have been wrongfully convicted but there is no DNA evidence to test. Professor Moran will discuss several recent cases in which the Michigan Innocence Clinic has achieved exonerations for its clients. (see website for more bio details)

This lecture was included in the DLS Session 1 and All DLS packages. If you have already paid for either of those packages, you do not need to pay for this again.

DLS Reminder!

Living Transgender: The Struggles and Rewards
Tuesday, January 14
Max, Will, and Stephanie
more information at olli-umich.org
Directions to WCC Towsley Auditorium located in Morris Lawrence Building

**Traveling north on US-23:**
- Take exit 37A (Washtenaw Ave) toward Ypsilanti.
- At the first light, turn left onto Hogback Rd. (If you turn right, you’ll be on Carpenter Rd.)
- At the first stop light, turn right onto Clark Rd.
- Turn left at the light on Huron River Dr. (If you turn right, you’ll be on Golfside Dr.)
- Turn left into the first driveway on your left.
- You are now on the WCC campus.
- The Morris Lawrence Building has a circular drive you can use to drop off passengers. There are two lots nearby which can be used for parking.

**Traveling south on US-23:**
- Take US-23 south to the Geddes Rd. (Exit 39)
- Turn left onto Geddes Rd
- Go back over the highway
- At the traffic circle, take the second exit onto Geddes Rd. At the first traffic light, turn right onto Dixboro Road. After about a mile, Dixboro merges into Huron River Dr.
- Follow Huron River Dr. about 1 mile.
- Along the way, you will pass most of the Washtenaw Community College campus on your right and St. Joseph hospital on your left.
- After about a mile, Huron River Dr. starts to make a large curve to the right. Turn right into the WCC entrance which is located midway through this curve. There is an “emergency” sign directly across from this on the left. (If you go to the light, you’ve gone too far.)

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**WCC - Morris Lawrence Building**
Towsley Auditorium
4800 E. Huron River Dr.
Ann Arbor, MI 48105

Please look for the OLLI Event Here signs off Huron River Drive to help direct you.
Take an in-depth look at six different themed topics during OLLI’s Thursday Lecture Series. Five of these series include six lectures with expert speakers who cover a wide range of aspects of the theme. The Summer Lectures Series has three lectures. Learning continues in an interactive Q&A period following each lecture. OLLI offers one lunch per lecture series, which gives you a great chance to socialize with other members!

- 10:00-11:30am
- $10/day pass
- $35/6-week session

Capacity is limited to the first 500 registrants.

Location:
Washtenaw Community College
Towsley Auditorium
Morris Lawrence Building
4800 E. Huron River Dr., Ann Arbor

The Impact of Social Media on Society

Thursdays, 10:00-11:30am
January 9 – February 13
Washtenaw Community College, Morris Lawrence Building, Towsley Auditorium
$35/series or $10/day pass

Social media—Facebook, Instagram, Twitter, and others—have become key methods for communicating via smart phones and computers. There are 2.38 billion Facebook users worldwide, and 220 million in the U.S. The average American teenager spends 3 hours or more each day on digital social media. Social media can be used positively for communicating, giving life status updates, and teaching. But social media can also have negative impacts, including spreading false information, bullying, and slandering. This lecture series examines the ways social media impact our day-to-day lives. It asks: How do social media affect young children, including their social, cognitive, and neural development? Are there impacts of social media on people’s self-esteem and mental health? How are social media used for education and to promote social welfare? How do social media compromise people’s privacy? More generally, how can we enhance the benefits of social media, while limiting their negative impacts?

Want to join the Lectures Committee?
Please contact Chair Frances Schultz at A2Fran@sbcglobal.net
OLLI-UM MEMBERSHIP APPLICATION: 2019-2020

Please complete this application and return to the address above together with a check for the $25 annual membership dues for the period 9/1/19 - 8/31/20. Complete one form for each member, please.

Today’s Date: _________________________________________

Title of Preference:  □ Mr. □ Mrs. □ Ms. □ Miss □ Dr. □ Prof. □ Rev

Name (Last, First, Middle): __________________________________________

E-mail address: ____________________________________________ □ Do not have email address

We rely heavily on email for communication. Please include your email address, if you have one.

Gender: □ Man □ Woman □ Transman □ Transwoman □ Genderqueer □ Nonbinary □ Two Spirit □ Other

Are you a New Member for the 2019-2020 year? □ Yes □ No

Full Street Address: ____________________________________________

City: _________________________________________________________

State/Zip Code: _______________________________________________

Main Phone #: ________________________________________________

Secondary Phone #: ____________________________________________

Emergency contact name: _______________________________________

Emergency contact phone #: __________________________________

Please answer this very important question. Thanks! How did you learn about Osher Lifelong Learning Institute at the U of M? (Check all that apply):

□ Catalog □ OLLI monthly emails □ Staff presentation
□ Brochure mailing □ Visit to Geriatric Clinic □ Visit to Turner Senior Resource Center
□ Brochure displayed elsewhere □ Facebook □ OLLI website
□ Friend/Word of mouth □ UM Happenings □ Other ________________________________

There’s more! Please turn over ---->
In order for OLLI to pursue external funding (such as grants), we need to know more about our membership as a whole. Please complete the following questions. This information will be used for statistical purposes and reported in the aggregate only. If you do not wish to answer a specific question, just leave it blank. We appreciate your cooperation.

**Race and Ethnicity:**
- I prefer not to answer
- Caucasian
- Asian
- African American or Black
- Hispanic or Latino
- American Indian or Alaskan Native
- Native Hawaiian or Pacific Islander
- Other _______________

**Birth Year:**
_________________________

**Retirement Year:**
_________________________

**Work Status:**
- Retired
- Working part-time
- Working full-time

**Annual Household Gross Income:**
- I prefer not to answer
- Under $10,000
- $10,001 - $25,000
- $25,001 - $50,000
- $50,001 - $75,000
- $75,001 - $100,000
- Over $100,000

**Number of people in your household:**
- I prefer not to answer
- 1
- 2
- 3
- 4
- 5 or more

**Educational Background** (a degree is not a pre-requisite for membership in OLLI at U of M):
- I prefer not to answer
- High School
- Associate
- Baccalaureate
- Masters
- Professional
- PhD

**Former Occupation** (check all that apply):
- Administration
- Finance
- IT
- Retail Sales/Cashier
- Customer Service
- Fundraising
- Medical Doctor
- Service
- Other _______________

**Volunteer Interests** (check all that apply):
- Evenings with OLLI Committee
- Fundraising Committee
- Lectures Committee
- Office Help
- Registration Help at Lectures
- Scrapbook/Archives Volunteer
- Study Group Committee
- OLLI Out of Town (Travel) Committee
- Finance

**Are you a University of Michigan Alumnus?**
- Yes
- No

**Have you received care at the University of Michigan Health System?**
- Yes
- No

**Have you received care at the University of Michigan Geriatric Center and/or Turner Geriatric Clinic?**
- Yes
- No

If you need another Membership Application Form for a second household member, go to [www.olli-umich.org](http://www.olli-umich.org), click on Forms & Resources and print out the Membership Application Form.
**EVENT REQUEST FORM**

*Any oversubscribed study groups, special events, shared interest groups (SIGs), and OLLI Out of Town events will be subject to lottery. See our website and OLLI catalog for details. Please complete this application and return to the address above together with a check for the total amount due. Please complete a separate form for each member. Forms can be found on the Forms and Resources page of our website.*

Name:__________________________________________
Address: ________________________________________
City/State/9-digit Zip: ______________________________
Home Telephone: __________________________________
Email: ____________________________________________ Do not have email address
Today’s Date ________________________________________

Are you new to OLLI? Yes / No
(if you are new to OLLI, please also fill out the OLLI Membership Application Form)
How did you find out about OLLI at UM? ____________________________________________

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Click here ☐ if additional options on back and enter total from other side

If you haven’t already paid the $20 annual membership dues
(for the period 9/1/2019 – 8/31/2020)

**Add a Donation** to the OLLI 2020 Annual Fund (formerly known as Sustainability Fund) Any amount is welcome - *with a donation of $100 or more you’ll be recognized as an Honor Roll member*

Total

Make check payable to: **OLLI at UM**
To find out more about OLLI programming visit: **www.lli-umich.org**
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Total (add total to front of registration form)
The Power of Art

**Thursdays, 10:00-11:30am**
February 20 – April 2

**No lecture on March 5**

**Early start time on April 2 (9:30am)**
Washtenaw Community College, Morris Lawrence Building, Towsley Auditorium
$35/series or $10/day pass

Art, in its many forms, can have a profound impact on individuals, communities, and society. Art can tell stories, comment on social issues, speak to people’s sense of well-being and identity, bring people together to foster understanding, define history, and illustrate science. This series explores the power of visual arts in southeastern Michigan from the perspectives of creative spirits and artists, curators, and museum leaders.

Money, Trade, and Power – What Makes the World Go ‘Round

**Thursdays, 10:00-11:30am**
April 16 – May 21

**Early start time on May 21 (9:30am)**
Washtenaw Community College, Morris Lawrence Building, Towsley Auditorium
$35/series or $10/day pass

Among the many issues testing relations between countries around the globe, perhaps none has strained relations more than trade in recent years. Countries strive to grow and protect their domestic industries, employment, and overall economy by preserving world markets for their most sensitive products. This lecture series will examine relations between major trading countries and regions - the U.S., the E.U., China, and Africa, among others. Each lecture will start with an overview of the area to be discussed that day. The series will explain how tariffs in world trade went from being high to where they were nearly eliminated before the recent revival of world trade tensions. The series will also address complex trade issues such as comparative advantage, supply chains, and value added. Finally, the series will review the special trade challenges facing the developing world and 2 key industries with a global and Michigan trade impact - agriculture and automotive.

SUMMER LECTURE SERIES

Not a Drop to Drink? Water Quality in Michigan

**June 11, 18, and 25**
Up to 60% of the human body is water - the brain composed of 70% water and the lungs nearly 90% water. About 83% of our blood is water which controls body temperature, transports waste, and helps digest our food. Every day average-sized adults drink 2.5 quarts of water. Thus water is vital to our health. Osher Lifelong Learning Institute’s Summer Lecture Series examines Michigan’s water quality and possible contamination. Come and learn what may be in the water you drink.
Discover a broad range of topics through OLLI’s 160 small classes taught by local experts and moderators, many of them OLLI members. Study groups may vary from single session to multiple sessions and meet at locations throughout the Washtenaw County area.

Want to join the Study Group Committee? Please contact Chair Stu Simon at stuart341@gmail.com
A Close Look at Vues D’Optique

During the late 18th century, European engravers created ‘vues d’optique,’ a special kind of print designed to be viewed with an optical device called a zograscope that would make them appear three-dimensional. Join Clements curators as they discuss these visual entertainment showpieces.

Day/Time: Thursday, 1:00-2:00pm
Date: March 5
Instructor: Jakob Dopp
Location: William L. Clements Library
909 S. University Ave., Ann Arbor
Cost: $10

Introducing Your Grandchildren to Art

One of the joys of life is spending time with our grandchildren. Making up stories, going on adventures, baking bread, fishing, spending time just hanging out are familiar pleasures we share with our grandchildren. Sometimes, though, the day calls for discovering something new together. Entering the world of art with the skills to help children learn how to make sense of what they see and to appreciate the feelings that come with art opens an experience that can be relived throughout their lives.

Day/Time: Wednesdays, 1:00-3:00pm
Dates: April 8 - April 22
Instructors: Lynn Boyer & Helen Weingarten
Location: First Unitarian Universalist Congregation of Ann Arbor, Jackson Chapel
4001 Ann Arbor-Saline Rd., Ann Arbor
Cost: $20

Monday Painters

Monday Painters is a flexible art group. Each week a DVD is shown about art that lasts half an hour. This group has become like family and all are welcome to join in for fun, learning, growing, and gentle critiquing. Barb Anderson has studied art for over twenty years and prior to that taught special education. She hopes to welcome new members to Monday Painters.

Day/Time: Mondays, 11:00am-3:00pm
Dates: January 6 - August 24 (no class on May 25)
Instructor: Barbara Anderson
Location: Jewish Community Center, Gelman Lounge
2395 Birch Hollow Dr., Ann Arbor
Cost: $80

Shodo-Japanese Calligraphy

Shodo-Japanese Calligraphy: Shodo is the art of drawing characters with brush and ink to express spiritual depth through the beauty of the brush strokes. Calligraphy began in China, but in Japan, both Kanji (Chinese characters) and Kana (Japanese phonetic characters) are combined and devised to create a uniquely Japanese art. With the brush soaked in ink, the thickness and the tone of the characters can be controlled. In this way, a calligrapher expresses his or her own spirit and thought. In the class, students will express and practice the art of Japanese calligraphy with a brush and black ink, learning both Kana and Kanji characters. The drawing process itself encourages a calming of the mind and peacefulness, similar to a form of meditation. Tools provided for classroom only. This is an art class with black ink, so you might want to wear a smock or cloth that can be washed. Konomi Shinohara Corbin taught the first Calligraphy class offered at the University of Michigan some years ago. She has taught Japanese Language at both the University of Michigan and at Eastern Michigan University.

Day/Time: Monday, 10:00am-12:00pm
Date: March 9
Instructor: Konomi Shinohara Corbin
Location: TSRC, Campbell Room
Cost: $10
Current Events

This discussion group is for people interested in current events happening at the local, national and global level. All opinions will be heard courteously. No materials or special expertise required, just an open mind and a good sense of humor. Bill Milne is a chemist who retired from the federal government. He resides in Ann Arbor and participates in many OLLI programs.

**Day/Time:** Tuesdays, 3:30-5:30pm  
**Dates:** January 21 - August 25  
**Instructor:** Bill Milne  
**Location:** Bank of Ann Arbor, Conference Room, 2801 Plymouth Rd., Ann Arbor or TSRC, Annex on Jan. 28, March 24, & May 26  
**Cost:** $75

Great Decisions

Great Decisions is the largest program on world affairs. The program model involves reading the Foreign Policy Association’s briefing book provided for each member, watching a DVD, and meeting in a group to discuss the most critical issues facing America today. The eight topics are: Climate Change and the Global Order, India and Pakistan, Red Sea Security, Modern Slavery and Human Trafficking, U.S. Relations with the Northern Triangle, China’s Road into Latin America, The Philippines and the U.S., and Artificial Intelligence and Data. (see website for more details regarding topics)

**Day/Time:** 1st & 3rd Tuesdays, 1:00-3:00pm  
**Dates:** February 4 - June 2  
**Instructors:** Barbara Comai & Leo Shedden  
**Location:** University Commons, Houghton Room  
817 Asa Gray Dr., Ann Arbor  
**Cost:** $78

How Volunteers Can Save Democracy

Voters Not Politicians (VNP) is the nonpartisan grassroots citizens group that led the 2018 ballot initiative to pass an anti-gerrymandering constitutional amendment. The amendment established an Independent Citizens Redistricting Commission to draw maps for Michigan electoral districts: U.S. Congress and the State House and Senate. VNP is now working to ensure success for the Commission and it is also pursuing other initiatives to enhance democracy. These 3 classes will explain what VNP has accomplished, how VNP created a unique volunteer experience, and how citizens can continue to improve our democracy. Participants will learn how they can participate productively in making Michigan government work better.

Connie Cook has a Ph.D. in Political Science and recently retired from the University of Michigan. She now serves in a volunteer role as Regional Education Coordinator and Special Counsel to the Executive Director of Voters Not Politicians. Rena Basch has a Ph.D. in Materials Science and Engineering, and fifteen years-experience as an elections administrator, serving as the Ann Arbor Charter Township Clerk. During the VNP campaign for Proposal 2, Rena led the state-wide Outreach Committee, and currently volunteers as the leader of Community Engagement. Connie and Rena will be joined by additional VNP volunteers.

**Day/Time:** Fridays, 10:00am-12:00pm  
**Dates:** February 7 - February 21  
**Instructors:** Constance Cook & Rena Basch  
**Location:** First Presbyterian Church, Lewis Room  
1432 Washtenaw Ave., Ann Arbor  
**Cost:** $20
How Criminal Justice Authorities Foster Mass Incarceration and How They Can End It

During these three weeks we will examine the role of criminal justice authorities, such as prosecutors, judges and the courts, parole board, and legislators in setting up policies and practices that play on the fears of the public and promote an overburdened criminal justice system. The focus of the course will be on discussing the ways these players could reduce the harmful effects of our criminal justice system, minimize crime, and reduce incarceration.

**Day/Time: Wednesdays, 10:00am-12:00pm**
**Dates: March 4 – March 18**
**Instructors: Carolyn Madden & Kathy Gourlay**
**Location: First Unitarian Universalist Congregation of Ann Arbor, Jackson Chapel 4001 Ann Arbor-Saline Rd., Ann Arbor**
**Cost: $20**

People Returning from Prison in Washtenaw County

Allan Newman is chair of the non-profit, A Brighter Way. Its mission is to help people rebuild their lives after being released from prison in Washtenaw County. He is also Co-Chair of the Michigan Department of Corrections Region 9 Offender Success Program. He will explain the status of reentry in Washtenaw County, what is needed, what is available, and what is missing.

**Day/Time: Wednesday, 10:00-11:30am**
**Date: March 11**
**Instructor: Al Newman**
**Location: TSRC, Campbell Room**
**Cost: $10**

The Public Health Crisis of American Gun Violence: How We Can Make a Difference

Physicians for the Prevention of Gun Violence (PPGV) is a Michigan based organization that educates physicians on the prevention of gun violence. Approximately 100 Americans are shot to death each day and over twice as many are physically wounded. PPGV has been educating health professionals to talk to patients about access to guns, safe storage, and helping them make decisions that facilitate optimal health and safety. Recognizing that the majority of gun deaths are due to suicide, PPGV emphasizes the need to keep guns out of the hands of people with emotional, substance-related, or mental health crises. PPGV also advocates for the passage of sensible gun reform legislation. In this presentation, we will examine gun violence, focusing on how particular populations such as women, children, communities of color, and individuals struggling with mental health challenges are uniquely affected. We will examine the epidemiology of gun violence and outline some of the ways in which politics have become entangled with the pursuit of life-saving interventions. We will describe how non-medical community members can have a major impact in raising awareness by inquiring about safe storage of firearms. We will also discuss selected state and federal gun violence-related legislation and encourage attendees to contact elected leaders to advocate for bills to prevent gun violence. Finally, we will open the conversation to course attendees as we examine the historical challenges faced in addressing gun violence and discuss opportunities to effect meaningful change.

**Day/Time: Monday, 5:30-7:30pm**
**Date: May 4**
**Instructor: Sonya Lewis**
**Location: TSRC, Campbell Room**
**Cost: $10**
Periodical Innovations

_Harpers_ and _Atlantic_ monthly magazines have been the instructor’s reading staples for many decades and are recognized for signaling cultural and political changes as they happen. Articles from these and other comparable newsletters/magazines are the starting points for biweekly discussions of significant social trends proposed by group members. Help us look at the future together and enjoy our shared ideas.

**Day/Time:** Select Thursdays, 1:00-3:00pm  
**Dates:** 1/23, 2/6, 2/20, 3/5, 3/19, 4/2, 4/16, 5/7, 5/21  
**Instructor:** Paul Wenger  
**Location:** Bank of Ann Arbor, Conference Room, 2801 Plymouth Rd., Ann Arbor  
**Cost:** $45

The Underfunding of Mental Health Services in Washtenaw County: Systemic Origins and Possible Reforms

Washtenaw County Community Mental Health (WCCMH) had a deficit of $10.3 million in 2019. This study group will start with a discussion of local mental health services and funding issues and then broaden to current and proposed state and federal policies as the actions of each level of government affect the others. A County Commissioner and an expert from WCCMH will each lead one session. The format will be brief presentations followed by discussions. Nelson’s past positions include Senior Staff Economist on the President’s Council of Economic Advisers, Chief Economist of the State of Minnesota, Professor at the University of Minnesota, and Ann Arbor School Board member. He and the study group’s assistant, Alice Carter, are co-chairs of Citizens for Mental Health & Public Safety.

**Day/Time:** Fridays, 3:00-5:00pm  
**Dates:** April 24 - May 15  
**Instructor:** Glenn Nelson  
**Location:** TSRC, Campbell Room  
**Cost:** $30

Today’s Racial Divides: How Has Education Failed Us?

Bryan Stevenson, author of _Just Mercy: A Story of Justice and Redemption_ and Executive Director of the Equal Justice Initiative, says, “The greatest evil of American slavery was not involuntary servitude, but rather the narrative of racial differences we created to legitimate slavery.” In this political era, racial divisions are showing up in starker terms, some of that due to what happens or does not happen in education around race, class, culture, geographic differences, and economic realities. For most of the 20th century and into the 21st, educational lessons and materials were and are woefully inadequate in explaining these racial divisions. Federal prison populations have great diversity, representing all kinds of people here and around the world. Judy Wenzel’s high school students at the federal prison in Milan provided wisdom and valuable lessons for the rest of us. This round table discussion will focus on peoples own educational experiences regarding racial issues and on ways education could be improved—and on ways to bridge our divides.

**Day/Time:** Monday, 1:00-3:00pm  
**Date:** May 18  
**Instructor:** Judy Wenzel  
**Location:** TSRC, Campbell Room  
**Cost:** $10

“OLLI really does embody lifelong learning. Among my fellow classmates, I feel at home in the enthusiasm we all share for continued learning, continued curiosity, discovery, and challenges. The atmosphere at OLLI at the Turner Center is one of warmth and welcoming.”  
- Gwynneth V.
CURRENT EVENTS, LAW, POLICY & POLITICS

U.S. Foreign Policy: Understanding the Process, Role Playing the Issues

This discussion group seeks an inside view of how U.S. foreign policy is made, drawing on cases developed by the Council on Foreign Relations (CFR) – Model Diplomacy Program. Our aim will be to understand organizations and agencies involved in the foreign policy process; second, how foreign policy decisions are made at the highest level within the National Security Council (NSC); and lastly, to obtain an understanding of the history/context for the policy issues under discussion.

The heart of the class will be role-playing, with participants taking on the positions of their chosen role, interacting with fellow participants, and making final foreign policy recommendations. Selected readings and background materials matched to the case involved, along with tips/guidance from the CFR Model Diplomacy program will help all participants in their preparation.

Apart from the first organizational meeting, each subsequent session will focus on a different foreign policy issue from the CFR case library. If the group wishes, we may substitute a foreign policy issue of our own choosing to role play.

John Fogarasi is both a lecturer and practitioner of U.S. foreign policy, having taught political science/international affairs earlier in his career and later as a senior U.S. diplomat with over 30 years-service in Europe, Asia, and North America.

Day/Time: Mondays, 3:15-5:15pm
Dates: January 20 - February 17
Instructor: John Fogarasi
Location: TSRC, Campbell Room
Cost: $35

Understanding The Changing Face of Health Care Delivery

Profound and often confusing transformations have taken place in the last 20 years in the way the healthcare delivery system is structured. While not all of the changes are readily apparent to patients, an understanding of them can help consumers make sense of what has happened and understand what is likely to come. A key to making sense of these changes is to understand the shifts in financial risk that have occurred between insurers, providers, and patients.

Day/Time: Friday, 1:00-3:00pm
Date: January 24
Instructor: John Azzolini
Location: TSRC, Campbell Room
Cost: $10

What’s Going on in Housing?

This three session course will help home and property owners, investors, and intellectually active seniors understand the latest developments in the local housing market and how it affects them, their friends, and families. Topics include: current housing market trends, factors that influence future market prices, preparing your home to sell, how property taxes are calculated, normal vs. distressed sales, foreclosures, short sales, the rental market, and other topics proposed by participants. Wayne Esch is a long-time Ann Arbor realtor.

Day/Time: Wednesdays, 1:00-3:00pm
Dates: April 22 – May 6
Instructor: Wayne Esch
Location: TSRC, Conference Room D
Cost: $20

Making new friends is a great reason to join OLLI!
GROUP FACILITATION TRAINING

Group Facilitation Training

Do you want to brush up on your facilitation skills so that you can feel comfortable leading one of OLLI’s many fine courses? Topics to be covered include planning for sessions, creating a participative atmosphere, and handling group dynamics. All class material will be provided. No outside study is required. Stu Simon has facilitated group processes as a manager at Ford Motor Co. and has been a consultant since his retirement. This FREE course is great for prospective instructors!

Day/Time: Friday, 9:00am-12:00pm
Date: August 7
Instructor: Stu Simon
Location: Genesis of Ann Arbor, Room 9/10
2309 Packard St., Ann Arbor
Cost: No fee

HISTORY & CULTURE

Everything You Want to Know About China

We will discuss any topics you are interested in regarding China. The instructor will try to answer the questions you have or try to find answers for you.

Day/Time: Mondays, 1:00-3:00pm
Dates: February 24, March 9, March 23, April 6
Instructor: Yi Keep
Location: Community Health Svcs. Bldg., Suite A2, Conference Room 1502
2025 Traverwood Dr., Ann Arbor
Cost: $30
A Brief Review of Iran History and Culture

The main goal of this course is to inform and give a better understanding about Iran to the study group. This includes a brief review of Iran history from ancient times up to the 21st century, conversion of the Iranian from Zoroastrianism to Islam and later to Islam-Shia, a review of the three aspects of Iranian society: modernity, nationalism, and Islam, discussion of the Iranian two revolutions in 1906 and 1979, review of the history of U.S.-Iran relations.

Day/Time: Mondays, 3:00-5:00pm
Dates: March 9 - March 30
Instructor: Moe Bidgoli
Location: TSRC, Campbell Room
Cost: $30

Caravans, Cultures, and Chinggis Khan along the Silk Route

The Silk Route is a collection of pathways that, together, link China to Vienna, Istanbul, Baghdad, and India across the Inner Asian steppe and desert. During our meetings participants will discuss the Silk Route as a cultural conduit, on the one hand, as the source of empire and technologies, on the other, and look at specific examples of cultural dissemination. The Silk Route has provided some of the most engaging and best written volumes of travel literature. There will be no required readings, but students may enjoy Owen Lattimore’s The Desert Road to Turkestan, from 1928, or the Franciscan William of Rubruck’s account of his journey to Karakorum in 1255, where he found a Parisian goldsmith preparing a soft drink dispenser for the Khan.

Day/Time: Wednesdays, 10:00am-12:00pm
Dates: June 3 - July 1 (no class on June 17)
Instructor: Rudi Lindner
Location: TSRC, Campbell Room
Cost: $30

British Empire in India - History and Legacy

In the year 1600, some British merchants sailed to Asia in search of fortune in trade and in the course of time they built “factories” in Indian coastal towns like Madras, Bombay, and Calcutta to expand trade. They were in competition with their fellow traders from Portugal, Netherlands, France, Denmark, and Sweden, who tried their own fortunes in India. They all got involved in the local political intrigue, but the British emerged as the preeminent power. 1757 saw the ascendancy of the British East India Company as the ruler of Bengal. Over the next one hundred years, the Company expanded its power over most of the Indian subcontinent by military conquest. A massive popular rebellion against the Company in 1857 was brutally crushed. The next year, the British Parliament dissolved the Company and took over the ruling of India, as a result of the uprising.

The 20th century saw two world wars and massive social, economic, and technological changes globally along with the rise of the independence movement in India. Britain ceded power in 1947 to two political entities, India and Pakistan.

Day/Time: Fridays, 10:00am-12:00pm
Dates: March 27 - May 15 (no class on April 10)
Instructor: Venkat Lakshminarayan
Location: Trinity Lutheran Church, Lounge
1400 W. Stadium Blvd., Ann Arbor
Cost: $45

We want to hear from you!
Please tell us your ideas for programs and how to make things even better at OLLI-UM. Please contact Director Lisa Barton at 734-998-9357 or libarton@med.umich.edu.

“Liberty, Equality, Fraternity” is well-known as the stirring slogan of the French Revolution. In this study group, by means of an examination of the life and thought of pre-revolutionary visionary Jean-Jacques Rousseau and of the major events of the Revolution itself, we will reflect upon and wrestle with the internal tensions and, indeed, contradictions embodied in this slogan. To what extent, for example, does the quest for liberty impinge upon the longing for equality, and vice versa? To what degree, moreover, does the craving for fraternity compromise the desire for both liberty and equality? Barry Shapiro is a French revolutionary scholar and Emeritus Professor of History, Allegheny College, Meadville, PA.

Day/Time: Tuesdays, 1:00-2:30pm
Dates: January 28 - March 31
Instructor: Barry Shapiro
Location: Genesis of Ann Arbor, Room 9/10
2309 Packard St., Ann Arbor
Cost: $45

Chasing Two Rabbits: Hunter-Gatherer Education in the 21st Century

The group explores indigenous hunter-gatherer societies in the 21st century, and how marginalized communities can drive solutions to the challenges they face. The identity of the Baka of Cameroon is deeply tied to the disappearing forest. Marginalized by society, they lack literacy and the language skills to defend their rights. Today, Baka children must “chase two rabbits at once”: learn survival in the forest, and receive formal schooling. The presenter recounts 10 years of firsthand experience working with Baka communities to bring both “rabbits” within children’s reach, and touches on child development, anthropology, and social justice. Photos, video, and everyday artifacts will be used. Ann Arbor native Sarah Strader (nee Tucker) got her B.A. from Georgetown University in 2011. In 2011-12 she had a Fulbright fellowship to live and research in remote Baka villages. In 2012 Chasing Two Rabbits was created and as a 2019 Echoing Green fellow, Sarah continues her work among the Baka to expand the reach of Two Rabbits.

Day/Time: Wednesday, 10:00am-12:00pm
Date: April 22
Instructor: Sarah Strader
Location: TSRC, Campbell Room
Cost: $10

Hands-on History: Everyday Women and Politics

Before women had the right to vote in America, how did they engage with politics in their everyday lives? Join staff at the Clements Library for a hands-on session reading, interpreting, and discussing historical materials produced before 1920. After you are shown how to handle the selected documents, you will have a chance to look for clues about how politics infiltrated women’s regular lives and participate in a guided conversation about your findings.

Day/Time: Thursday, 1:00-2:00pm
Date: May 14
Instructor: Jayne Ptolemy
Location: William L. Clements Library
909 S. University Ave., Ann Arbor
Cost: $10
Primers, Chalk, and Bells - The History of One-room Schools in Michigan

In the rapidly changing world of education today, it is comforting to look back on the ‘good old days’ of the one-room school. Michigan has more one-room schools than nearly any other state. Some of them are still functioning. We will look at the architecture, curricula, rules for students and teachers, and the role school played in the life of the community. We will focus especially on the Geddes Townhall School. In 1987, the Townhall School was moved from its original site on Morgan Road in Pittsfield Township to the campus of Eastern Michigan University. Our presenter, Rochelle Balkam, will guide us on the school’s journey as it made its way, foot by foot, to its present site. Attendees will be encouraged to share personal stories and memories of one-room schools. Rochelle Balkam taught U.S. state and local history and college prep government at Ypsilanti High School for 36 years.

Day/Time: Wednesday, 10:00am-12:00pm
Date: April 29
Instructor: Rochelle Balkam
Location: TSRC, Debrodt Room
Cost: $10

Rosie the Riveter and the Willow Run Bomber Plant

This presentation highlights the role of women in the defense industries during WWII. The “Save The Bomber Plant Campaign” will be introduced and the instructor will explain the exciting participation in the Veteran’s History Project, under the auspices of the Library of Congress. Claire is a Tribute Rosie and does presentations in many venues. She has a Master’s Degree in American Studies, with an emphasis on Women’s Studies and lives in Ann Arbor.

Day/Time: Monday, 10:00-11:30am
Date: May 18
Instructor: Claire Dahl
Location: TSRC, Campbell Room
Cost: $10

Stories in Stone - A Walk in the Cemetery

There is no single site in the community that tells its story with more drama than the cemetery. It is the one place where we can trace our ‘roots’ in what is becoming a ‘rootless’ society. There are pioneers, the rich and famous lying side by side with the poor and not so famous. There are scoundrels and saints, infants and centenarians. Each gravestone has a story to tell. Traveling from Alaska to Key West, from Hawaii to Canada, from New Zealand to England we have found examples of the myriad of burial customs and examples of symbolism on gravestones. We wish to encourage communities to focus on one of their most significant resources - the local cemetery.

Day/Time: Wednesday, 10:00am-12:00pm
Date: April 8
Instructor: Rochelle Balkam
Location: TSRC, Debrodt Room
Cost: $10
American Mah-Jongg for the Novice

Don’t know your Bam from your Crak? Then come learn American Mah-Jongg. American Mah-Jongg is a fascinating and rewarding game of skill and chance. It was originally brought to this country in the 1920s by Standard Oil executive Joseph Babcock, who rewrote and simplified the rules, forever distinguishing the game from the traditional version. If you have wanted to learn to play American Mah-Jongg or are just curious about the game, this is the course for you. You will learn to recognize the tiles, read and understand the “hands”, and practice playing with ongoing review and support. The course is taught by Miriam Shaw, an expert player of many years’ experience. The purchase of a current Mah-Jongg card is included in the class price.

Day/Time: Mondays, 1:00-3:00pm
Dates: March 9 - March 30
Instructor: Miriam Shaw
Location: TSRC, Annex
Cost: $38

Mah-Jongg

Mah-Jongg is a Chinese game resembling Gin Rummy, but is played with colorful tiles instead of cards. It is easy to learn and can become quite addictive! Classes start with a brief lecture, followed by actual playing of the game with continuous guidance from the instructor. Mah-Jongg sets will be provided. Stuart Baggaley has taught his modified and simplified version of the game at many venues. He is a British World War II veteran (RAF) who emigrated from Norway in 1957, leaving the Fulbright Foundation in Oslo. He retired from UM Medical School (Anatomy) in 1990.

Day/Time: Tuesdays, 1:00-3:00pm
Dates: March 24-May 5 (no class on April 14)
Instructor: Stuart Baggaley
Location: TSRC, Conference Room D
Cost: $40

Beer 101

This seminar is for those who enjoy beer and want to know more about it, particularly in light of the huge proliferation of beer styles in recent times. Learn basic beer terms, the history of beer, the classic ingredients of beer, beer styles, and the difference between commercial beers and microbrews. This will be an interactive lecture/discussion. The presenter is Martin Friedburg, whose 25-year career in the beer and wine industry included ownership of an Ann Arbor beer/wine importing and distribution company. Beer will not be tasted at this event.

Day/Time: Wednesday, 2:00-4:00pm
Date: May 20
Instructor: Martin Friedburg
Location: TSRC, Debrodt Room
Cost: $10

Solving Easy Sudoku Puzzles

If you like puzzles and want to learn the basics of solving Sudoku, this is a good place to start. We will cover several elementary patterns that will enable you to solve easy puzzles and most medium level puzzles. Instructor Jerry Janusz is a retired mathematician who loves working Sudoku puzzles.

Day/Time: Mondays, 10:00-11:30am
Dates: January 20 - February 3
Instructor: Gerald Janusz
Location: TSRC, Conference Room D
Cost: $20

Share your expertise and passions! Join a program committee or lead a study group.
Solving Difficult Sudoku Puzzles

This is a class for Sudoku fans who can solve the easy puzzles but want more techniques for solving the difficult ones. Each session covers a technique that will be illustrated with examples. Puzzles will be given each week for individual or collaborative practice. Instructor Jerry Janusz is a retired mathematician who loves working and teaching Sudoku.

Day/Time: Mondays, 10:00-11:30am
Dates: February 10 - March 23
Instructor: Gerald Janusz
Location: TSRC, Conference Room D
Cost: $45

Making new friends is a great reason to join OLLI!

Wine 101

This seminar is for those who enjoy wine, but feel intimidated by their lack of knowledge about it. Learn lots of practical “how’s” about wine: making wine; reading a label; using a corkscrew; opening champagne safely; tasting; matching with food; shopping for wine; storing wine; and more. This will be an interactive lecture/discussion. The presenter is Martin Friedburg, whose 25-year career in the wine industry included Sales Manager at two Michigan wineries, ownership of an Ann Arbor wine importing and distribution company and serving as a wine judge. Wines will not be tasted at this event.

Day/Time: Friday, 2:00-4:00pm
Date: April 17
Instructor: Martin Friedburg
Location: TSRC, Campbell Room
Cost: $10

Computerized Investing: Stocks – Selection and Evaluation

This course is designed to explore active stock investing strategies using your computer. Which stock (or group of stocks) is most likely to meet your objectives? A prerequisite for this course is to have taken one of Bob and Dale’s mutual funds courses or be an active stock investor. We will utilize various sources of information such as Value Line, Morningstar, Better Investing, S&P, and other stock related websites. We do not intend to cover basic investing questions. The majority of the class is hands-on analysis of selected stocks. Robert Shaw and Dale Brandenburg are active investors each having more than 10 years of experience.

Day/Time: Mondays, 9:30-11:00am
Dates: April 13 - May 11
Instructors: Robert Shaw & Dale Brandenburg
Location: TSRC, Debrodt Room
Cost: $35

I thoroughly enjoyed this course. I learned a lot and saw some great films as well. I look forward to taking another course by Ira and can’t wait until one is offered.

- student from Film Classics with Ira Konigsberg
Literary Short Fiction

This is a study group for literary short fiction aficionados where we engage in close-critical-artful-joyful readings of literary short fiction from *The New Yorker* or selected from highly regarded short story anthologies. Each week we will read and discuss two stories. All reading materials will be distributed in advance. This study group will be instructor-led but with ample time for discussions. Deb has been leading fiction and non-fiction study groups at OLLI since 2012.

**Day/Time:** Mondays, 1:00-3:00pm  
**Dates:** July 6 - August 24  
**Instructor:** Deb Mukherjee  
**Location:** TSRC, Campbell Room  
**Cost:** $45

Journey with Contemporary Award-winning Writers from Around the World

In these sessions, participants will take a deeper look at how contemporary award-winning writers from around the world think and what concerns they have in today’s life. Do we, educated Americans, see our world in ways similar or different from the ways those writers see it? Let us look at the world through these perceptive eyes. Let us try to be Sinbads and enjoy a free flight of discovery on the magic these writers have woven for us. Join us and do not be afraid. Our first book for discussion on January 28, 2020 will be *White is for Witching* by Helen Oyeyemi.

**Day/Time:** Tuesdays, 12:00-1:30pm  
**Dates:** January 28, February 25, March 31, April 28  
**Instructor:** Adnan Salhi  
**Location:** Community Health Bldg., Suite A2, Conference Room 1502, 2025 Traverwood Dr., Ann Arbor  
**Cost:** $30

The Classic Short Story

This study group will read and discuss short stories by six writers from the past whose works are still today significant and powerful. As well as discussing the achievement of each story, we will also be using these works to develop some broad ideas about the art of fiction and the experience of reading fiction. The six authors we will be studying are Nicolai Gogol; Anton Chekhov; D.H. Lawrence; Katherine Mansfield; Katherine Ann Porter; and Isaac Bashevis Singer. All of the stories are available on the internet or in inexpensive editions that can be purchased from Amazon. Members of the class are asked to read, for the first meeting, Gogol’s *The Nose and The Overcoat* at the following two links respectively: http://www.yorku.ca/creet/satire/documents/thenose.pdf and https://www.yeyebook.com/en/nikolai-gogol-story-the-overcoat-cloak-full-english-text/

Ira Konigsberg is Professor Emeritus of English and Film at the University of Michigan.

**Day/Time:** Mondays, 3:15-4:45pm  
**Dates:** April 13 - May 18  
**Instructor:** Ira Konigsberg  
**Location:** TSRC, Campbell Room  
**Cost:** $40

Seamus Heaney and Elizabeth Bishop

Bishop and Heaney were two of the greatest English-language poets of the last hundred years. In addition, they both had impressive poetic developments and interesting lives. We will not only read their poems but also consider how their lives affected their work. Readings from Heaney’s *Open Ground*, Bishop’s *Complete Poems 1927-1977*, and a few handouts. James H. McIntosh is Professor Emeritus of English and American Culture at the University of Michigan.

**Day/Time:** Mondays, 10:00am-12:00pm  
**Dates:** March 23 - May 11  
**Instructor:** Jim McIntosh  
**Location:** Genesis of Ann Arbor, Room 9/10 2309 Packard St., Ann Arbor  
**Cost:** $45
LITERATURE, POETRY, & DRAMA

The American Novel

“For we must consider that we shall be as a City upon a Hill, the eyes of all people are upon us,” declared John Winthrop as he travelled with his followers to Massachusetts in 1630. He marked the beginning of what was expected to be a grand experiment. Winthrop rightly anticipated that the colonial endeavors unfolding in North America presented a chance for self-determination, collective identity, and industriousness. And yet, he could not have conceived of the legacy of that experiment or the challenges that would come with it. In this study group, we will explore how diverse writers represented, challenged, and helped to create the dominant cultural narratives that remain influential in our nation today. We will read (in the following order): Charles Brockden Brown’s Wieland, Susanna Rowson’s Charlotte Temple, Nathaniel Hawthorne’s The House of the Seven Gables, Herman Melville’s Benito Cereno, Frank Norris’s McTeague, and John Niehardt’s Black Elk Speaks.

Day/Time: Fridays, 3:00-5:00pm  
Dates: February 7 - March 20  
Instructor: Emelia Abbe-Robertson  
Location: University Commons, Houghton Room  
817 Asa Gray Dr., Ann Arbor  
Cost: $45

On Walking

In the first hour we will discuss some of the classic literature on walking which is vast and varied. This literature is often expressed in metaphoric prose that invites the reader to share the experiences of the walker. In the second hour we will talk about our experiences of walking as we explore some of the trails in the U of M Botanical Gardens. We will focus our walking in the Formal Gardens and the Botanical Gardens. These areas are accessible to wheel chairs, walkers, and cane users. “In the event of inclement weather, we will continue our walking and talking in the Conservatory. For the first session, read Thoreau’s essay on Walking which is available online. Text: Frederic Gros, A Philosophy of Walking: available at Book Bound - 1729 Plymouth Road.

Day/Time: Wednesdays, 1:00-3:00pm  
Dates: May 6 - May 27  
Instructors: Larry Berlin & John Rowntree  
Location: Matthei Botanical Gardens, Room 125, 1800 N. Dixboro Rd., Ann Arbor  
Cost: $30

Some Perspectives on Shakespeare’s Macbeth

Witches! Prophecies! Murder! Madness! But also a deeper look at this tragedy from the perspective of our time. Participants will first read and discuss Shakespeare’s play. Then we will watch and critique several interpretations, ranging from feudal Japan (Kurosawa’s Throne of Blood) to our modern day (Patrick Stewart’s 2007 London performance). We will discuss Acts One and Two at our first session. Text: any edition is acceptable. Marilyn Scott has led several OLLI study groups and is a devoted theater-goer.

Day/Time: Fridays, 1:00-3:00pm  
Dates: February 21 - March 27  
Instructor: Marilyn Scott  
Location: University Commons, Houghton Room, 817 Asa Gray Dr., Ann Arbor  
Cost: $40
LITERATURE, POETRY, & DRAMA

Mind-blowing Stories: Tales that are Amazing, Challenging, and True

This group will engage true stories that force us to think in new and unexpected ways about basic categories of human experience. To say it differently, these stories blow our minds. The stories include: Rubinstein, the “mad jester” of the Warsaw Ghetto; Chang and Eng: the original “Siamese twins”; and American philosopher William James’s mysterious (to him) mystical experience in the Adirondack forest. Participants are invited to bring in stories that they believe have the same “mind-blowing” potential. Hank Greenspan is a psychologist, oral historian, essayist, and playwright recently retired from a teaching career at UM. He believes that to live is to schmooze. And to schmooze is to teach and to learn, together.

Day/Time: Tuesdays, 1:00-2:30pm
Dates: January 21 - February 25 (no class on February 18)
Instructor: Hank Greenspan
Location: TSRC, Annex
Cost: $35

The Myth of Phaedra: 3 Perspectives

Led by experienced teachers Marilyn Scott (Classics) and Gail Hubbard (French), this study group will see how one myth may be interpreted multiple ways. We will read and discuss Euripides’ tragedy Hippolytus (James Morwood’s Oxford Classics Translation), then Racine’s drama Phedre (Ted Hughes translation). Finally, we’ll watch the 1962 Phaedra, a modern re-telling starring Melina Mercouri and Tony Perkins. Please bring the specified translations to class.

Day/Time: Fridays, 1:00-3:30pm
Dates: April 24 - May 22
Instructors: Marilyn Scott & Gail Hubbard
Location: University Commons, Houghton Room, 817 Asa Gray Dr., Ann Arbor
Cost: $35

“It is close to two years now since you suggested that I volunteer to lead a discussion group at OLLI. I have now led two, one on the history of modern cosmology, the other on the Silk Road during Mongol times. Both have been successful in OLLI’s terms, and I shall be offering them (and perhaps others) again. More important is the satisfaction that they have brought me. When you have taught undergraduate and graduate students for fifty years and more, you see lots of changes in the nature of the students and the nature of the administrative structure. The classroom I left was very different, and in many ways less appealing, than the one I entered, with chalk and lecture notes in hand, in January of 1966. OLLI participants are interesting, demanding, and inspiring in all sorts of ways, and I learn from them. It has been a great pleasure for me, and I wanted you to know that I am in your debt.” - Rudi Lindner
American Musical Theater

This course will cover the lives and the musical careers of Cole Porter, Irving Berlin, George and Ira Gershwin and their contemporaries.

Day/Time: Mondays, 1:00-2:30pm
Dates: February 3 - March 2
Instructor: Edwin Marcus
Location: Washtenaw Community College, Morris Lawrence Building, Room ML150, 4800 E. Huron River Drive, Ann Arbor
Cost: $35

Parking for the film class on:

For classes held at NCRC, there are multiple parking options. Parking passes for the structure can be purchased for all classes through the OLLI office and are $5 per day. Metered parking is available on a first-come first-served basis. You may also use the park-and-ride and free public transportation options. If you are interested in this option, please call the office (734-998-9351) and we will give you all the details.

John LeCarre’ and the Cold War on Film - Part 2

This study group is a continuation of a study group held in Fall 2019. (It is not necessary to have participated in that study group.) We will continue our examination of film adaptations of John LeCarré’s literate spy thrillers from the Cold War period with The Looking Glass War, and Smiley’s People. George Ferrell’s previous groups have examined Agatha Christie, Detective Fiction and the Sense of Place, and the Wrong Man in film.

Day/Time: Fridays, 1:00-4:30pm
Dates: April 3, April 17, April 24
Instructor: George Ferrell
Location: UM North Campus Research Complex, Building 10 Auditorium, (enter at building 18), 2800 Plymouth Rd., Ann Arbor
Cost: $20 - parking not included (info below)
The Art of Dying Well

This book is packed with extraordinarily helpful insights and true stories. It is a handbook that shows how to thrive in later life, how to get the best from our healthcare system, and how to make your own “good death” more likely. Readings, discussion, and some journaling will focus on Katy Butler’s The Art of Dying Well. We will explore the challenges of living from now through life until our final dying. For the first class, read the Introduction and Chapter I. Optional Field trip: Death Cafe: 4/18/2020, Crazy Wisdom Tea Room, 10:30-check it out on Facebook!

Abby Wilson, retired clergy, loves dancing with life and all of its hard questions to find healing and balance.

Day/Time: Wednesdays, 10:00-11:30am
Dates: April 1 - May 6
Instructor: Abby Wilson
Location: Bank of Ann Arbor, Conference Room, 2801 Plymouth Rd., Ann Arbor
Cost: $40

Final Decisions

We will cover a number of topics relating to end of life decisions. They include: Michigan’s laws relating to burial; honest talks with doctors, based in part on Atul Gawande’s book, Being Mortal; choosing time of death; interesting cross-cultural funeral rituals; and options outside of traditional burial such as cremation, green burial, donation to medical schools, reef burial, cryogenics, and bio-urn (ashes planted with a tree seed). Marion Holt has extensive knowledge of this subject and has developed two courses on aging.

Day/Time: Wednesday, 10:00am-12:00pm
Date: May 27
Instructor: Marion Holt
Location: TSRC, Campbell Room
Cost: $10

Mindful Self-compassion

This course will introduce participants to the principles of Mindful Self-compassion (MSC). Self-compassion can be defined as learning to treat yourself the way you would treat a good friend when they suffer, fall short, or fail in some way. MSC combines the skills of mindfulness and self-compassion, providing a powerful tool for emotional resilience. Mindfulness is the first step in emotional healing. It’s being able to turn toward and acknowledge our difficult thoughts and feelings (such as inadequacy, sadness, anger, confusion) with a spirit of openness and curiosity.

Day/Time: Mondays, 1:00-2:30pm
Dates: March 2 - April 6
Instructor: Bernadette Beach
Location: Genesis of Ann Arbor, Room 7/8
2309 Packard St., Ann Arbor
Cost: $40

Science, Art, and Spirituality

Science, Art, and Spirituality examines the interplay of humanity’s attempts to understand its existence through its rational (scientific), aesthetic (artistic), and transcendent (spiritual) faculties. These three great human enterprises have marked our progress as a species from the early glimmerings of prehistoric cave paintings to the Hubble Space Telescope. The long path from one to the other has been blazed by such pioneers as Pythagoras, Da Vinci, Copernicus, Spinoza, Newton, Luther, Jefferson, Faraday, Darwin, Cezanne, Einstein, and Le Maitre - just to name a few. We will search historical records for the patterns that connect and drive our historical imaginations forward.

Day/Time: Fridays, 1:00-3:00pm
Dates: May 1 - May 22
Instructor: Mike Kapetan
Location: TSRC, Campbell Room
Cost: $30
The Relationship Between Science and Faith in God

Through a guided group discussion, we will look at the relationship between religion (and belief in God) and science (and the scientific community). Are the two inherently in conflict? What ideas or events are responsible for the conflicts? Can we better understand each other and listen to opposing viewpoints? How can those who have a passion for both faith and science reconcile the two?

**Day/Time:** Fridays, 1:00-3:00pm  
**Dates:** March 27 - May 1  
**Instructor:** Cathy Britton  
**Location:** Bank of Ann Arbor, Conference Room, 2801 Plymouth Rd., Ann Arbor  
**Cost:** $40

Religion and Violence

Violence is one of the greatest challenges of the 21st century, as it has always been. How can we resolve conflict and manage serious differences without assaulting and killing each other? Among the reasons suggested for why we are violent is that religion tells us to do so. What is the link between religion and violence? Does religion necessarily involve violence? Can religion help us to curb violence? Are some religions more violent than others? Why? Why not? These are some of the questions we shall consider in this course in lectures and discussions. Kenneth E. Phifer is a retired Unitarian Universalist minister. He served 25 years as minister of the Ann Arbor congregation and has degrees from Harvard College and the University of Chicago Divinity School. He is the author of numerous articles and books. He has 17 grandchildren.

**Day/Time:** Fridays, 10:00am-12:00pm  
**Dates:** April 17 - May 15  
**Instructor:** Eric Amberg  
**Location:** Genesis of Ann Arbor, Room 7/8, 2309 Packard St., Ann Arbor  
**Cost:** $50

The Search for Meaning

The quest to understand man’s underlying purpose has been proposed by Victor Frankl in *Man’s Search for Meaning* from which he gave his quest further definition by coining the name Logo Therapy to essentially utilize meaning to help overcome obstacles and handicaps. To establish this foundation, the instructor will first talk about definitions and how they can assist in creating common denominators but at the same time can interfere with the understanding of reality and meaning. Along with definitions, we will turn our attention to human physiology and how organs can be looked upon in alternative ways that include phenomenology. In effect, looking at organs in terms of strengths and weaknesses and how they can serve us in our quest for meaning.

**Day/Time:** Tuesdays, 1:00-3:00pm  
**Dates:** January 21 - April 28  
**Instructor:** Eric Amberg  
**Location:** Genesis of Ann Arbor, Room 7/8, 2309 Packard St., Ann Arbor  
**Cost:** $50

Wisdom Circle

This is a study of the common spirituality and inter-connectivity of the world’s great religious and spiritual traditions, otherwise known as the perennial wisdom. Religion has often been part of the problem; can spirituality be part of the solution? An examination of the new romance between Science and Spirituality.

**Day/Time:** Fridays, 10:00am-12:00pm  
**Dates:** March 13 - May 1  
**Instructor:** James Ramelis  
**Location:** Interfaith Center for Spiritual Growth, Large Classroom, 704 Airport Blvd., Ann Arbor  
**Cost:** $45
Thinking Rationally In an Age of Pseudoscience

How can we make intelligent decisions about our increasingly technology-driven lives if we don’t understand the differences between the testable hypotheses of real science and myths, unproven “science” and fundamentalist zealotry? In the book, The Demon-Haunted World--Science as a Candle in the Dark, author and scientist Carl Sagan debunks fallacies such as witchcraft, faith healing, demons and UFOs. He advocates viewing all phenomena through proven facts.

Sagan focuses primarily on myths and not religion; he felt religion should not play a role in pseudoscience and he argues against fundamentalism. Sagan advocated the importance of rational thought and the need to educate ourselves. He felt that reason and logic could make the world a better place. This highly readable book uses common sense to assess the things we hear. For example, there is a chapter called “The Fine Art of Baloney Detection”. Although the book was published in 1997, it is quite relevant today in this era of fake news, hate of the other, and growing skepticism of institutions.

We will read this book and discuss its ideas. Gerry Lapidus has led more than 50 book discussion classes at OLLI. Please read through pg. 40 (Preface, sections 1 and 2) for the first meeting.

Day/Time: Mondays, 1:00-3:00pm
Dates: January 27 - March 9
Instructor: Gerald Lapidus
Location: TSRC, Campbell Room
Cost: $45

The Good Gut: Taking Control of Your Weight, Your Mood, and Your Long Term Health

The study group title is the name of the book we will read by Drs. Erica and Justin Sonnenburg. This book is about how the gut microbiota, the bacteria in your intestines, influence your health. We will discuss two chapters a week, some highlighted experiments, and application to daily life. The goal of this course is to increase science literacy and appreciation for basic research. Haley Brown has a Ph.D. in biochemistry and has been a postdoctoral researcher in microbiology for one year. She studies how a type 2 diabetes drug affects the gut microbiota. See website for longer description.

Day/Time: Thursdays, 1:30-3:30pm
Dates: May 28 - June 25
Instructor: Haley Brown
Location: First Presbyterian Church, Curtis Room
1432 Washtenaw Ave., Ann Arbor
Cost: $35
The Bee Lady Talks

Explore the life of the honeybee in and out of the hive. Victoria Dluzen McIntyre is an amateur apiarist whose love of honeybees comes to her naturally - her family name ‘dluzen’ means ‘keeper of the bees’ in Polish. Known as ‘The Bee Lady’, Victoria has travelled around southeastern Michigan giving talks (The Bee Lady Talks) to schools, garden clubs, and civic groups. Come and learn about the mysteries of the hive and how 50,000 bees work together for one common good.

**Day/Time:** Monday, 6:00-8:00pm
**Date:** March 2
**Instructor:** Victoria McIntyre
**Location:** TSRC, Campbell Room
**Cost:** $10

The History of the Stars: An Introduction to Early Astronomy

The University of Michigan Library holds an extraordinary collection of manuscripts and early printed books describing the early history of astronomy. These holdings range from ancient papyri to richly illustrated books that made possible the scientific revolution in Europe in the sixteenth and seventeenth centuries, including first editions of the works of Copernicus, Galileo, and Kepler. One of the most impressive highlights of the collection is a one-page manuscript where Galileo himself recorded his observations of the moons of Jupiter for the very first time. Attendants of this workshop will have the unique opportunity to examine closely these artifacts and learn how astronomical ideas were transmitted, read, and interpreted from antiquity through early modern Europe.

**Day/Time:** Friday, 10:00-11:30am
**Date:** May 29
**Instructor:** Pablo Alvarez
**Location:** Hatcher Graduate Library, 919 S. University Ave., Ann Arbor
**Cost:** $10

Biochemistry and Molecular Biology: How Life Works, Part 1

This course is based on The Great Courses series of lectures by Prof. Kevin Ahern of Oregon State University.* Part 1 will cover the first 23 lectures, concerned with biochemistry. We will view and discuss two half-hour lectures each session. The course will cover topics including amino acids, proteins, ATP and energy transformation, carbs and fats, hormones, neurotransmitters, and many others. This will provide the background for Part 2, planned to be offered in the fall, comprising the final 13 lectures on molecular biology and covering topics such as DNA, RNA and protein building, as well as genetic diseases and cancer. Craig Stephan is a retired industrial physicist who has led many previous OLLI courses including The Science of Climate Change, Cosmology, The Aging Brain, Music and the Brain, and Astrophysics. The course will bring in UM experts from time to time to answer questions. *See www.thegreatcourses.com/courses/biochemistry-and-molecular-biology-how-life-works.html.

**Day/Time:** Tuesdays, 1:00-3:00pm
**Dates:** March 3 - May 26
**Instructor:** Craig Stephan
**Location:** Trinity Lutheran Church, Lounge 1400 W. Stadium Blvd., Ann Arbor
**Cost:** $50

Never taken an OLLI-UM study group before? Enjoy $10 off your first study group registration. AND come to your first OLLI-UM lecture as our guest. Bring a friend! AND all new members are welcome at all Evening at OLLI events as our guest in their first year as a member.
How Does a Single Protein Molecule Cause an Array of Diseases? The Story of the Magic Protein NLRP3

In some cases, the malfunction of a single molecule in our body causes diseases. Here the protein NLRP3 will be taken as an example. The course will first provide the basic background of molecular cell biology, such as the concept of a cell and its building blocks, then introduce NLRP3, its function in the normal condition and its relations with diseases, such as auto-inflammatory disorders, type 2 diabetes, gout, Alzheimer’s disease, etc. The goal of this course is to bring science to the community and highlight the importance of basic biological research in medicine. Jie Xu has a Ph.D. in neuroscience and has worked as a postdoctoral researcher at the University of Michigan Medical School since 2018.

**Day/Time:** Fridays, 3:00-4:30pm  
**Dates:** May 29 - June 5  
**Instructor:** Jie Xu  
**Location:** TSRC, Campbell Room  
**Cost:** $15

Mathematics for Those Who Hate Arithmetic

Did you hate math at school? Did it consist of rote learning, sheer drudgery, and application of procedures and formulas you did not understand? Did you solve quadratic equations or simultaneous equations or trigonometry by the “miracle method”— plug in the formula given you, and the right answer miraculously appears? Welcome to the “real” mathematics; there are “aha” moments, challenges to logical thinking, and an appreciation of beautiful logical structure. We do real mathematics requiring only the simplest minimal background, and show some applications to real life.

**Day/Time:** Monday, 10:00-11:30am  
**Date:** February 17  
**Instructor:** Fred Beutler  
**Location:** TSRC, Campbell Room  
**Cost:** $10

National Parks: Visits to the Geological Wonders of North America

Yellowstone, Hawaii Volcanos, Mount Saint Helen, and other North American National Parks are locations that the Knowledge Seekers will visit in this course. They will visit spectacular natural landscapes and learn about the geological histories and mysteries of each Park. Mr. Ford Cochran, Geologist and Director of Programming for National Geographic Expeditions, is the video instructor for this Great Course. As a geologist, he will explain how volcanoes and other natural forces work and continue to work to shape the natural wonders of the Parks. Richard Galant will serve as the on-site guide.

**Day/Time:** Mondays, 1:30-3:00pm  
**Dates:** January 20 - February 24  
**Instructor:** Richard Galant  
**Location:** Brecon Village, Auditorium, 200 Brecon Dr. Saline  
**Cost:** $40

Natural Disasters: Vulnerability, Resilience, and a Changing World

Natural disasters losses have accumulated to over four trillion U.S. dollars and nearly three million fatalities in the past four decades. The number of disasters continues to increase, partly due to increases in frequency, size, or extent of the hazards themselves, but also from increasing vulnerability and/or decreasing resiliency of society. This course will explore vulnerability and resiliency to natural hazards, past and future outlooks, and the role of urbanization and corruption, highlighted by several recent earthquakes and hurricanes.

Hetland is an associate professor in the UM Department of Earth & Environmental Sciences, specializing in natural hazards, effects of climate change, and vulnerability.

**Day/Time:** Thursdays, 1:00-2:30pm  
**Dates:** March 12 - March 26  
**Instructor:** Eric Hetland  
**Location:** UM North Campus Research Complex, Building 10 Room G065, across from South Atrium, Ground Level, (enter at building 18), 2800 Plymouth Rd., Ann Arbor  
**Cost:** $20
Tour of Maker Works

Can you imagine a play space for adult hobbyists? It would be equipped with a jaw-dropping array of tools, machines, and supplies. You could learn and create with wood, metal, plastic, etc. There would be 3D printers, table saws, laser cutters, sewing machines, etc. And experts would be there to train you in how to use the equipment. Your family, friends, and neighbors would be amazed at what you create. This unique space exists right here in Ann Arbor. And you can take a tour with OLLI! Space on the tour is limited to only 15 people, so register quickly. [Don’t worry if you are put on a wait list… we can schedule additional tours.] Go to this website to learn more about Maker Works, and find a map to its location (3765 Plaza Drive, just west of Costco, Maker Works pennant flag flying outside). http://www.maker-works.com/

Day/Time: Monday, 2:00-3:30pm
Date: March 23
Instructor: Maker Works Staff
Location: Maker Works,
3765 Plaza Dr., Ann Arbor
Cost: $10

Understanding Complexity

The course will cover complexity science, introducing the core concepts and discussing ideas such as emergence, using twelve DVD lectures from the Teaching Company by University of Michigan Professor Scott Page. We’ll view two 30-minute lectures per class, each followed by 20 minutes for questions and discussion. The study group leader worked 27 years as a research physicist for Ford and taught physics at several levels, including graduate level at Wayne State University. At OLLI, he has taught 16 physics-related classes.

Day/Time: Tuesdays, 1:00-3:00pm
Dates: January 21 - February 25
Instructor: Richard Chase
Location: Trinity Lutheran Church, Lounge
1400 W. Stadium Blvd., Ann Arbor
Cost: $40

Tour of U-M Museum of Natural History

Join OLLI members on a guided visit to the UM Natural History Museum at their new location on North University Avenue. Many new exhibits and programs have been added. Get behind-the-scenes information about the Biological Sciences Building (the museum’s new home), and learn about some of our most exciting exhibits, new and old, like the iconic mastodon couple, the Majungasaurus, and more. Along with learning about the past, this tour will take a step into the future and explore cutting-edge research being done in the Biological Sciences Building every day.

After the tour, you’ll head to the Planetarium for The Sky Tonight: Star Talk, where you’ll look at the current sky, cover bright stars, constellations and planets, and some sky motions.

Day/Time: Wednesday, 1:00-3:00pm
Date: January 22
Instructor: Lonni Vitale
Location: UM Natural History Museum,
1105 N. University Ave, Ann Arbor
Cost: $10

How May I Help You?

At OLLI lectures and special events, look for persons wearing a How May I Help You name tag. These are members of the Social Interaction Committee and Leadership Council who can answer your questions about OLLI, upcoming events, or program opportunities. They are there to make you feel welcome and to let you know how much OLLI values your participation and membership.
What is Service Learning?
Service learning integrates meaningful community service with instruction and reflection to enrich the learning experience and strengthen communities. Service learning course objectives are linked to real community needs and are designed in cooperation with community partners and service recipients.

Incorporating service learning experiences into our study groups is an important part of OLLI’s strategic plan.

Strengthening American Democracy Through an Informed Citizenry

This OLLI Volunteer Service Learning project invites interested OLLI members to play an important role working with each other and with community organizations to increase the numbers of American citizens registered to vote in the 2020 Presidential elections. Participants will attend two sessions to discuss their commitment to the importance of increasing the numbers of informed, engaged, registered American voters. Representatives of various “Get Out the Vote” organizations will describe how volunteers can make a huge difference in achieving this goal. Participants will be invited to choose the organization they wish to link with, and will schedule the extent, dates and times of their service (a minimum of 8 hours) according to what works best for the organization and for them.

Classroom topics:
• How would you define “an informed, engaged American citizenry”?
• Why did you choose to be part of this OLLI Service Learning Project?
• What was/is the American voting process: past...present...future?
• How has legislation impacted voting in the past...and now?
• How have activist organizations impacted voter turnout?
• Social research on how we make voting choices

Guest presenters from local Get-Out-The-Vote Organizations:
• To be finalized by April, 2020

Volunteer Activity:
• Participants will engage as active volunteers with a local organization dedicated to getting out the vote for the 2020 Presidential election.
• Schedule will be set to meet the unique interests and flexibility of participants in service to the local organization of their choice, with a goal of a minimum of 8 hours after “dates and times of their service.”

Day/Time: Mondays, 1:00-3:00pm
Dates: May 11 - May 18
Instructors: Bev Geltner and guest community
“Get Out the Vote” presenters
Location: TSRC, Debrodt Room
Cost: $15
Home Sweet Home: Aging in Place with Shared Housing

Shared housing programs are making a re-emergence amidst the rapid aging of our nation’s population. This is due in part to the desire of many older adults to “age in place;” or remain in the home as they age, rather than explore traditional senior housing options. This lecture will discuss the concept of shared housing, and look at a few programs from across the country, with an emphasis one right here in Michigan. Brittney M. Williams, LLMSW is a geriatric social worker, and the coordinator of the HomeShare Program in the Housing Bureau for Seniors at Michigan Medicine.

Day/Time: Wednesday, 10:00-11:30am
Date: February 26
Instructor: Brittney Williams
Location: TSRC, Campbell Room
Cost: $10

Women’s Issues: The Moment of Lift

“If you want to lift society up - invest in women!” (Melinda Gates)

In her book which we will be discussing, The Moment of Lift, the author traces the link between women’s empowerment and the health of societies. She shows some of the tremendous opportunities that exist right now to “turbo charge” change and provides simple and effective ways each of us can make a difference.

Day/Time: Mondays, 10:00am-12:00pm
Dates: April 6 - April 20
Instructors: Bernie Beach and Sigrid Hermon
Location: TSRC, Annex
Cost: $20

Leading a Meaningful Life in a Self-centered World

Having survived their youth and entered maturity, OLLI members will appreciate the affirming and instructive book, The Second Mountain – The Quest for a Moral Life, which we will read and discuss. Author and New York Times columnist David Brooks has moved from strictly political and government issues to spending much of his time studying human values and behaviors, while he has climbed the second mountain of life.

For many people, the first mountain is finishing school, starting a career and forming a relationship. It is the only mountain they believe they are meant to climb and it will lead to independence and self-satisfaction. Their goals are the ones our culture endorses such as success and making your mark, as ways to achieve personal happiness. But they find the top of the first mountain unsatisfying and they look for a different mountain.

The second mountain holds experiences that are really worthwhile, not the things other people tell them to want. They move from self-centered to other-centered. They embrace a life of interdependence, not independence. They take on commitment.

David Brooks describes four commitments that define a life of meaning and purpose. The book is also a commentary on the pitfalls and disappointments of the self-centered life. He believes we have taken individualism to an extreme and it has torn our social fabric and political system in many ways.

Gerry Lapidus has lead more than 50 OLLI book discussion classes. Please read through pg. 26 (Intro, sections 1-3) for the first meeting.

Day/Time: Mondays, 1:00-3:00pm
Dates: March 30-May 11 (no class on April 6)
Instructor: Gerald Lapidus
Location: TSRC, Campbell Room
Cost: $40
How We Can Find Peace in This Crazy World

Mindfulness-Based Cognitive Therapy has been clinically proven to be at least as effective as drugs for depression - in other words, it works! And it’s not just for depression; it also works for people who are not depressed but who are struggling to keep up with the constant demands of this frantic world. It promotes the kind of happiness and peace that gets into our bones. It seeps into everything we do and helps us meet the worst that life throws at us. Mindfulness reveals a set of simple yet powerful practices that help break the cycle of anxiety, stress, unhappiness, and exhaustion.

We’re going to be using the book Mindfulness: An Eight-Week Plan for Finding Peace in a Frantic World, by Mark Williams and Danny Pennman.

This will be a six-week program. The class will be partly lecture, but you can look forward to lively discussions. And, if you like, you can volunteer to give a presentation on a portion of the book.

Mike Murray is a Clinical Psychologist. He has taught mindfulness classes for OLLI for over ten years.

Day/Time: Wednesdays, 10:00am-12:00pm
Dates: February 5 - March 11
Instructor: Michael Murray
Location: Church of the Good Shepherd, Conference Room
2145 Independence Blvd., Ann Arbor
Cost: $40

Meaning and Power of Dreams

Dreams are typically important, unconscious messages, bringing issues from the past to the present. They often contain direct or disguised wishes and/or fears. In this class we will discuss typical dreams: the recurring dream, the remembered dream of the past, the “I’m not prepared” dream (e.g. taking the final exam without having read the text). The instructor will bring examples from some of his patients, and will invite class members (including himself) to bring their own. The goal of this class is for participants to make better sense of these nightly messages, helping some of the playful and significant insights to emerge. Mort Chethik is an emeritus professor of Psychiatry at the UM.

Day/Time: Tuesdays, 1:00-3:00pm
Dates: April 28 - June 2
Instructor: Mort Chethik
Location: TSRC, Annex
Cost: $40

Overview of Home Computing for Beginners

This course will cover computer history, equipment, applications, user tips, demonstrations, and Q&A opportunities mostly related to Microsoft PCs.

Day/Time: Wednesdays, 1:00-3:00pm
Dates: April 8 - April 15
Instructor: Gordon Totty
Location: TSRC, Conference Room D
Cost: $15 (no OLLI membership required)
Should You Be Using a Password Manager?

One of the key identity security layers is having strong, unique passwords. In this class we’ll review password basics, and explore the advantages (and disadvantages) of using a password manager. We’ll then take a deep dive into LastPass – one of the most popular password managers. Based on what is presented you can decide if a password manager is for you.

Topics covered include:
- Password basics
- Pros/Cons of using a Password Manager
- Lastpass free vs premium
- Installing LastPass on a PC, phone/tablet (demonstration)
- Key features of LastPass (demonstration)

Day/Time: Monday, 10:00-11:30am
Date: February 24
Instructor: Harvey Juster
Location: TSRC, Debrodt Room
Cost: $10 (no OLLI membership required)

Great Riddles in Archeology

Video Lectures from The Penn Museum. Some of the world’s greatest archaeological riddles have eluded us for centuries. Discover and explore these mind-boggling riddles in several of the Penn Museum’s popular monthly lecture series presented by current archaeologists and scholars. We will be viewing and discussing three of these lectures: (1) Ötzi the Iceman, a prehistoric body discovered emerging from the melting ice of a glacier in the South Tyrolian Alps along the Italian-Austrian border, (2) Noah’s Ark: Of all bible stories, perhaps the story of Noah’s ark and the world-ending flood are the most widely known, and (3) Atlantis: The Lost Continent. The facilitator for these lectures will be Sydney Kaufman. (see website for more details)

Day/Time: Tuesdays, 9:30-11:30am
Dates: April 21 - May 5
Instructor: Sydney Kaufman
Location: TSRC, Debrodt Room
Cost: $20

Memoir Writing

Participants will learn how to tell the stories of their lives and those of their ancestors. We will meet weekly, and each participant should be prepared to read a story they have written (including the first class). Jan Price calls herself a “very amateur memoirist” who has written her story after being motivated by an OLLI class.

Day/Time: Fridays, 10:00am-12:00pm
Dates: January 24 - April 10 (no class on March 20)
Instructor: Janis Price
Location: Church of the Good Shepherd, Fellowship Hall, 2145 Independence Blvd., Ann Arbor
Cost: $45

Crowd Sourcing Narratives: How Small Can They Be?

An alter ego, an imaginary friend, and a small chicken walked into a bar. “Is this for adults or children,” asked a voice. “Yes,” said the chicken.

Day/Time: Wednesdays, 10:00-11:30am
Dates: May 6 – May 20
Instructor: Resa Matlock
Location: Genesis of Ann Arbor, Room 7/8
2309 Packard St., Ann Arbor
Cost: $20
Dear Diary: Exhibit Tour and Hands-on Exploration of Personal Writing

Join the exhibit curators in exploring the diary genre. We will begin with hands-on exploration and transcription of private diaries by 20th century authors including Anne Waldman and Nancy Willard. We will then move to the Audubon Room for a tour of the current exhibit, featuring diaries from throughout the holdings of the Special Collections Research Center. The exhibit explores how diaries, journals, and notebooks function as confidants, records of war, partners in creative life, travel companions, and formal inspiration for fiction and art.

**Day/Time:** Friday, 2:00-3:30pm  
**Date:** January 31  
**Instructors:** Kristine Grieve and Juli McLoone  
**Location:** Hatcher Graduate Library, 919 S. University Ave., Ann Arbor  
**Cost:** $10

Free Writing – A Place to Begin

The perfect way to begin writing is to write. Participants will practice turning the text editor off so they can follow their wandering thoughts. Free Writing lets the writer explore topics and memories that might become longer pieces. Prompts will be given for timed writings. Writers will have the opportunity to share what is written in workshop. We will not bring work from outside. We will not critique work. Bring a notebook and fast writing pen. Come ready to write. Diane has a Master’s Degree in the Teaching of Writing. She taught writing at EMU and currently teaches workshops.

**Day/Time:** Wednesdays, 10:00-11:30am  
**Dates:** January 29 - March 4  
**Instructor:** Diane Nash  
**Location:** TSRC, Conference Room D  
**Cost:** $40

Memoirs and Personal Essays

This group meets every week from September to June, except for holidays. There are no specific assignments. Each writer strives to find his or her own subject matter and stylistic voice. We read our work aloud and discuss it, making constructive suggestions for improvement. The important thing is to write well enough to interest others and to convey our ideas clearly. Participants are expected to read their work regularly. Eleanor Linn has led this writing group since 2014. She is a published author.

**Day/Time:** Thursdays, 2:30-4:30pm  
**Dates:** January 9 - June 18 (no class on May 7)  
**Instructor:** Eleanor Linn  
**Location:** TSRC, Campbell Room  
**Cost:** This year-long class is currently full. Registration for the waitlist available

The Road to Indie Publishing

More than one million independent books were published in the U.S. last year. Indie author and illustrator of *Haggadah Regatta*, Carol Levin will discuss the three-year process, leading up to the publication of her picture book for Passover. Participants will learn why Carol chose to self-publish, reasons she formed a LLC, and her personal journey into the world of picture books. The class will view original sketches and watercolors, examine a printer’s pullsheet of the pre-folded, pre-bound book, and discuss the key elements of her book design.

**Day/Time:** Monday, 1:00-3:00pm  
**Date:** February 24  
**Instructor:** Carol Levin  
**Location:** TSRC, Debrodt Room  
**Cost:** $10

Bring a friend to an OLLI-UM lecture…the first lecture is free!
VENUES

Bank of Ann Arbor
2601 Plymouth Rd., Ann Arbor
(734) 662-3800

Brecon Village
200 Brecon Dr., Saline
(734) 429-1155

Church of the Good Shepherd
2145 Independence Blvd., Ann Arbor
(734) 971-6133

Community Health Services Building
2025 Traverwood Dr., Ann Arbor
(734) 998-2156

First Presbyterian Church
1432 Washtenaw Ave., Ann Arbor
(734) 662-4466

First Unitarian Universalist Congregation of Ann Arbor
4001 Ann Arbor – Saline Rd., Ann Arbor
(734)-665-6158

Genesis of Ann Arbor
(Temple Beth Emeth and St. Clare’s Church)
2309 Packard St., Ann Arbor
(734) 665-8883

Hatcher Graduate Library
919 S. University Ave, Ann Arbor
(734)-764-0400

Interfaith Center for Spiritual Growth
704 Airport Blvd., Ann Arbor
(734) 327-0270

Jewish Community Center
2935 Birch Hollow Dr., Ann Arbor
(734) 971-0990

Kellogg Eye Center
1000 Wall St., Ann Arbor
(734) 763-8122

Maker Workers
3765 Plaza Dr., Ann Arbor
(734)-222-4911

Matthaei Botanical Gardens
1800 N. Dixboro Rd., Ann Arbor
(734)-647-7600

(TSRC) Turner Senior Resource Center
2401 Plymouth Rd., Ann Arbor
(734) 998-9351 (OLLI Office)

Trinity Lutheran Church
1400 W. Stadium Blvd., Ann Arbor
(734) 662-4419

University Commons
817 Asa Gray Dr., Ann Arbor
(734) 332-1221

University of Michigan
North Campus Research Complex
2800 Plymouth Rd., Ann Arbor

University of Michigan
Natural History Museum
Biological Sciences Building
1105 N. University Ave., Ann Arbor
(734)-764-0478

Washtenaw Community College
Morris Lawrence Building
Towsley Auditorium
4800 E. Huron River Dr., Ann Arbor

William L. Clements Library
909 S. University Ave., Ann Arbor
(734)-764-2347
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<td>Periodical Innovations</td>
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<td>Understanding The Changing Face of Health Care Delivery (S)</td>
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<td>Dear Diary: Exhibit Tour and Hands-on Exploration of Personal Writing (S)</td>
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<tr>
<td>The American Novel</td>
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<tr>
<td>How Volunteers Can Save Democracy</td>
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<td>Some Perspectives on Shakespeare’s Macbeth</td>
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The Community Programs of the Geriatrics Center
Enhancing Quality of Life at TSRC

OLLI-UM is a community program of the Geriatrics Center. Below is information on our other two community program partners.

TURNER SENIOR WELLNESS PROGRAM

The Turner Senior Wellness Program (TSWP) promotes quality of life among older adults through social connection, wellness activities, health education, and community resources.

TSWP offers healthy living presentations, free blood pressure screenings, exercise classes, support groups, a lunch program, technology mentoring and more. Visitors can learn about available resources for caregiving, counselling, dementia services, depression, legal issues, and insurance questions, among other topics.

To get involved with programs, learn more about the TSWP, or volunteer:

Hours: Monday – Friday 9:00am – 5:00pm
Phone: (734) 998-9353
Email: tswp.info@med.umich.edu
Web: www.med.umich.edu/geriatrics/community/turner.htm

SILVER CLUB MEMORY PROGRAMS

Silver Club Programs (SC) provides meaningful, adult focused, and engaging activities for older adults living with memory challenges.

SC offers a seamless transition through our programs. Weekly Early Stage Programs offer members the opportunity to keep their minds active through brain games, topical and learning-based discussions, cultural outings, and a sense of community and support. Silver Club Day Enrichment Program, for those with moderate memory loss, offers engaging activities to counter boredom and isolation, including art, music, mindfulness, fitness, and lively discussion with a supportive and inclusive community.

To learn more about the Silver Club benefits, programs, or volunteer:

Hours: Monday – Friday 9:00am – 5:00pm
Phone: (734) 998-9352
Email: GerMedSilverClub@umich.edu
Web: www.med.umich.edu/geriatrics/community/silverclub.htm
Winter Open House

Celebrate OLLI in 2020
WHAT WE DO FLOWS FROM WHO WE ARE

FREE AND OPEN TO THE PUBLIC. NO REGISTRATION NECESSARY.

Date: Monday, January 13
Time: 10:00am-12:30pm
Location: Washtenaw Community College, Morris Lawrence Building, 4800 E. Huron River Dr., Ann Arbor

The Winter Open House will let us share who we are through participation activities, celebration of satisfactions experienced, exchange of books we love, our unique individual characteristics.

The Winter Open House welcomes you at 10:00am!

- Meet with friends
- Explore new program options
- Exchange books
- Become a member
- Ask questions about OLLI
- Register for OLLI programs
- Volunteer for an OLLI committee
- Participate in OLLI Get to Know You activities

The Program begins at 10:45am

Lisa Barton, OLLI-UM Director
Dr. Rose Bellanca, President, Washtenaw Community College
Breeda Miller - Presenter and Storyteller
“Who are We and Why does it Matter?!”

Light Lunch at 11:30am

REMEMBER TO BRING TWO BOOKS TO EXCHANGE!
Wise. LIVE CONNECTED AGE WISELY
WASHTENAW INTEGRATED SENIOR EXPERIENCE

Powered by:
JEWISH FAMILY SERVICES
of WASHTENAW COUNTY

Medicare & Medicaid Enrollment
Thrive Counseling
Cultural Connection & Language Assistance
Partners in Care Concierge
Friendly Visitors

CARES: Caring for Caregivers
Transportation
New American Club
Crisis Intervention
Specialty Food Pantry

734.436.4231 | www.wisemich.org | info@wisemich.org

Our Care Management and Aging in Place Services
connect the dots between health systems, community services
and experts on aging.

Providing caring expertise, compassion and personalized care to support
older adults and their loved ones through the aging experience.

THrive
helping you balance your life

For those who are looking to lead meaningful and fulfilling lives,
to cultivate what is best within themselves,
and to enhance their experiences of love, work and play.

Individual Therapy  Couples Therapy  Family Therapy

Serving people of all religions, races and ethnicities since 1993. The mission of Jewish Family Services is to create solutions, promote dignity, and inspire humanity.

Caring for older adults and caregivers in
Washtenaw County

DO YOU NEED HELP GETTING TO MEDICAL APPOINTMENTS?
Partners in Care Concierge (PICC) pairs trained volunteer partners with older adults for support before, during, and after medical appointments and transportation there and back, if needed.

SERVICES INCLUDE:
• Door-through-door assistance
• A supportive partner to be with you at your appointment
• Help scheduling follow-up appointments

DO YOU NEED HELP CARING FOR A LOVED ONE AGED 60+?
Caregiver Assessment Respite Education Support (CARES) provides caregivers compassionate support, education and respite to promote their health and well-being.

SERVICES INCLUDE:
• A brief assessment to get to know you and your needs
• Respite care to give you a break
• Customized education and support
• Assistance with community resources
• Low fee transportation for you and your loved one
• Caregiver counseling consultations

www.ThriveCounselingA2.com
734.236.4249 hello@thrivecounselinga2.com

Learn more.
visit: jfsannarbor.org/transfoming-aging
call: 734-769-0209

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